Yoga for Harmony & Peace

NATIONAL SERVICE SCHEME

NCC

एकता और अनुशासन

उन्नत भारत अभियान
UNNAT BHARAT ABHIYAN

B.S. Abdur Rahman Crescent Institute of Science & Technology
Deemed to be University u/s 3 of the UGC Act, 1956

INTERNATIONAL DAY OF YOGA 2026

B.S. Abdur Rahman Crescent Institute of Science & Technology

Department of Physical Education, NCC, NSS & UBA

Organizes

DEMONSTRATION OF COMMON YOGA PROTOCOL

In Celebration of

12th INTERNATIONAL DAY OF YOGA 2026

Theme

"Yoga for Healthy Ageing"

21 June 2026
(Sunday)

07:00 AM

CHIEF GUEST

Dr. N. Raja Hussain

Registrar

ORGANIZING COMMITTEE

Dr. Ayub Khan Dawood
Professor and Dean
School of Social Sciences and Humanities
NSS Coordinator

Dr. Aisha Banu W
Professor & HOD
Department of Computer Science and Engineering
Unnat Bharat Abhiyan Coordinator

Dr. S. Selvakumar
Director & Head
Department of Physical Education

Lt. Dr. K. Venkatakrishnan
Assistant Professor &
Associate NCC Officer
Department of Public Policy

You Are Cordially Invited

Yoga for Harmony, Health & Happiness