

DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING



SOCIAL AWARENESS CLUB

WORLD MENTAL HEALTH DAY AWARENESS PROGRAM REPORT

The Social Awareness Club (SAC) of Department of Computer Science and Engineering, B S Abdur Rahman Crescent Institute of Science and Technology, Chennai in association with BSA Crescent Alumni Association organizes World Mental Health day awareness program on 10 October 2024. The details as follows

Topic : ***World Mental Health Awareness program***

Date & Time : 10 October 2024 @ 11.00 am to 12.30 pm

Venue : Seminar hall 1 ,Auditorium

Target Audience : II year CSE department B.Tech students




No. of participants : 150+

Resource person : Dr.S.Ashokan , B.S.M.S ., M.B.A ., D.Y.S.E, Chief Siddha Medical Officer, Rohini Ayurvedic Health Center

The report discusses about the following aspects with respect to the session



1. Session poster
2. Preamble
3. About Speaker
4. Session photos
5. Feedback from participants
6. Participants list

1. Session Poster





BSA CRESCENT ALUMNI ASSOCIATION
IN ASSOCIATION WITH
SCHOOL OF COMPUTER, INFORMATION AND MATHEMATICAL SCIENCES
DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING
SOCIAL AWARENESS CLUB


**WORLD MENTAL HEALTH DAY
AWARENESS PROGRAM**




My health, my right



Resource Person
DR.S.ASHOKAN B.S.M.S.,M.B.A,D.Y.S.E.
*Chief Siddha Medical Officer,
Rohini Ayurvedic Health Center*



OCTOBER 10, 2024
11 AM TO 12.30 PM



**SEMINAR HALL I,
AUDITORIUM**

ALUMNI COORDINATORS
Mr.Maraimalaiyan, Vice President
(Coordinator - Rohini Ayurvedic Health Center)
Ms.Jabeen , Admin Executive

CONVENERS
Dr.Sharmila Sankar , Dean (SCIMS)
Dr.W.Aisha Banu, HOD/CSE

SAC COORDINATORS
Dr.S.Subhashini, AP(Sr.Gr)/CSE
Dr.Madhina Banu, Assoc.Prof/CSE
Ms.Faheem Nikhat, AP/CSE

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2. Preamble

World Mental Health Day, observed annually on October 10th, is a global initiative to raise awareness and foster a deeper understanding of mental health issues. Mental well-being is an essential part of a fulfilling and balanced life, yet stigma and misunderstanding often prevent individuals from seeking the support they need. This day serves as a reminder of the importance of mental health and the urgent need for open conversations, access to care, and community support for those affected by mental health challenges.

3. About the Speaker

Dr. S. Ashokan, Chief Siddha Medical Officer, Rohini Ayurvedic Health Centre, Chennai. He is a highly esteemed professional with vast experience in Siddha medicine, Ayurveda, and health counseling. He holds several academic qualifications, including:

- B.S.M.S. (Bachelor of Siddha Medicine and Surgery) from Government Siddha Medical College, Palayamkottai.
- M.B.A. (Marketing) from Annamalai University, Chidambaram.
- D.Y.S.E. (Diploma in Yogic Science and Education) from Manonmaniam Sundaranar University, Tirunelveli.

He has also completed a Certificate in Basic Counseling and Psychotherapy Skills from The Valliammal Institutions, Madurai.

He is currently the Chief Siddha Medical Officer at Rohini Ayurvedic Health Center in Chennai. In addition to offering Siddha consultations at multiple locations across Tamil Nadu, he is actively involved in health talks and training future entrepreneurs in healthcare and wellness.

Apart from being the Director of Natureshine Herbals Pvt Ltd, He also serves as a consultant, trainer, and Principal of Eswar Institute of Complimentary Medicine. He has been a health speaker on Kodai FM Radio and has been awarded prestigious honors like the Thirumoolar Award and Siddha Vaidhya Semmal for his continuous efforts in educating traditional Siddha practitioners.

4. Session photo





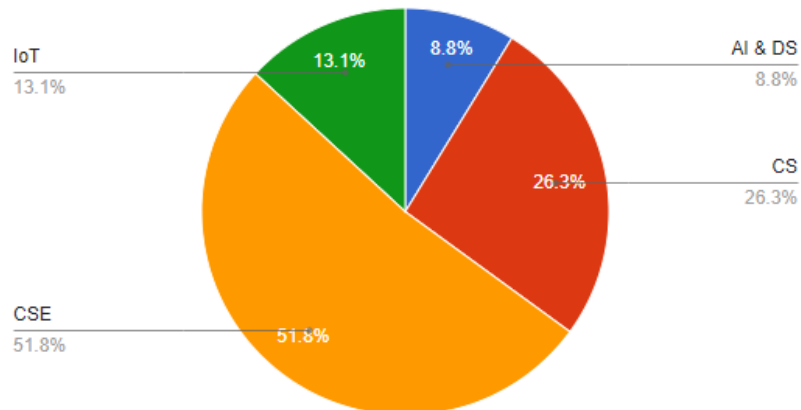
5. Feedback from participants

<https://forms.gle/2CuwmNFcjtMq86mi6>

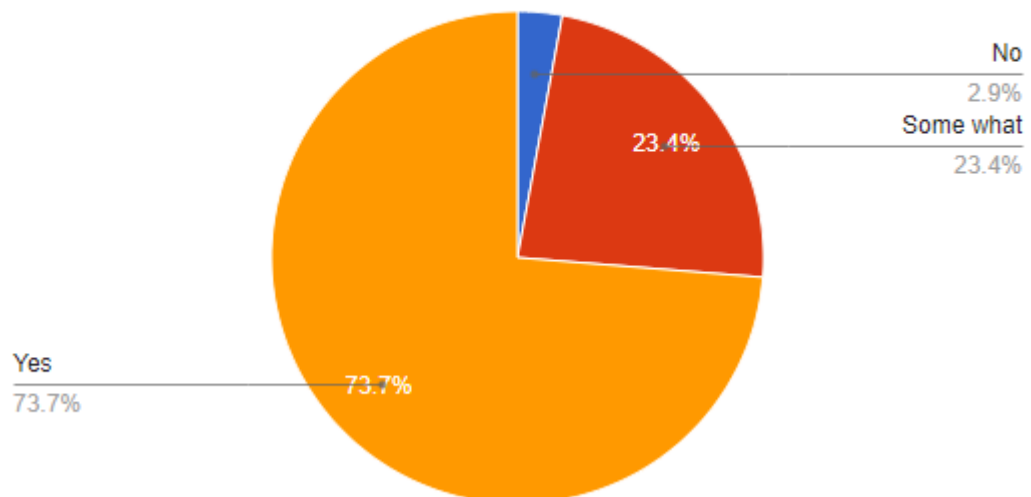
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Branch



Did the program help improve your understanding of mental health issues and their importance?



Take away from the session



Suggestions /Comments

Please bring more sessions like this!

Good!

Useful.

thought provoking speech. my hearty wishes and prayers for you sir . thank you for your valuable insights sir.

Very good 👍😊

Try to have more sessions like this

Not much

timing

No

Encourage more sessions and events like this.

This session may have included student interaction as it helps to know about fellow peer's feelings and thoughts.

It was really good



Good content

It was really a good session

No comments

Just perfect session

Very good

You had given a Clear information about mental health and worlds Mental health day. Thankyou sir for your valuable time you spent with us.

Time frame is short

Too much timing

Excellent

6. Participants list

S.No	Name	Year	Dept	Signature
1.	Familia Rheeem.F.P	II	B.Tech. CSE (CS)	Familia Rheeem
2.	Vdayarree .B	II	B. Tech CSE (CS)	Vdayarree .B
3.	Jessica Joycelin. J	II	B. Tech CSE (CS)	Jessica Joycelin. J
4.	Jocelin. M	II	B. Tech CSE (CS)	Jocelin. M
5.	Abirun Siga. S	II	B. Tech CSE (CS)	Abirun Siga. S
6.	Rashini .D	II	B. tech CSE (CS)	Rashini.D
7.	Sayad Marecha Fathima	II	B.Tech CSE (CS)	Sayad Marecha Fathima
8.	Avanthikaa S G	II	B. TECH CSE 'A'	Avanthikaa S G
9.	Fattheena Shaazfeen.S	II	B.Tech CSE 'A'	Fattheena Shaazfeen.S
10.	Abi. M	II	B.Tech CSE - 'A'	Abi. M
11.	Amal Ashika. M	II	B.Tech CSE 'A'	Amal
12.	JENNIFER T	II	B. TECH CSE - 'A'	JENNIFER T
13.	HIBA. H	II	B. Tech CSE - 'A'	HIBA. H
14.	A Sara Sakeena	II	B. Tech CSE - 'A'	A Sara Sakeena
15.	SARAA. F	II	B. Tech CSE - 'A'	SARAA. F
16.	Kainale	II	B. Tech CSE - 'A'	Kainale
17.	Hafsa	II	B. Tech CSE - 'A'	Hafsa
18.	Malavika. M.V	II	B. Tech CSE - 'A'	Malavika. M.V
19.	N. Sandhya	II	B. Tech CSE - 'A'	N. Sandhya
20.	Jannatul Bifhau	II	B. Tech CSE - 'A'	Jannatul Bifhau
45.	A. Satiya Begum	II	B. Tech CSE - 'A'	A. Satiya Begum



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S.No	Name	Year	Dept	Sign
21.	Shafiq A	II nd	B.Tech CSE-D'sec	Shafiq
22.)	Shannuga Prinja	II nd	B.Tech CSE-D	Shannuga
23.	Sri Ranjani.V	II nd	B.Tech CSE-D	Sri Ranjani
24.	Shameera Begam	II nd	B.Tech CSE-D	Shameera
25.	T. KESHINI	II nd	B.Tech CSE-D	T. Keshini
26.	MEGNA MERLIN.A	II nd	B.Tech CSE-D	Megna Merlin
27.	Dr. Gunaiya Parveen	II nd	B.Tech CSE-D	Dr. Gunaiya Parveen
28.	Yujitha . N	II nd	B.Tech CSE-D	Yujitha . N
29.	Rakshana Fathima M	II nd	B.Tech CSE-D	Rakshana
30.	Samah Hafiz	II nd	B.Tech CSE-C	Samah
31.	Sana Fathima	II nd	B.Tech CSE-C	Sana
32.	Rizla Z	II nd	B.Tech CSE-C	Rizla
33.	J. Prayadharini	II nd	B.Tech CSE-C	J. Prayadharini
34.	Samyukta P.	II nd	B.Tech CSE-C	Samyukta
35.	P. Nivedha	II nd	B.Tech CSE-C	P. Nivedha
36.	R. Rajavarshini	II nd	B.Tech CSE-C	R. Rajavarshini
37.	S. Sarnecka	II nd	B.Tech CSE-C	S. Sarnecka
38.	Hametha Jasna.A	II nd	B.Tech CSE (IoT)	Hametha
39.	P.A. Swetha	II nd	B.Tech CSE (IoT)	P.A. Swetha
40.	Israth Julaiha. I	II nd	B.Tech CSE (AI&DS)	Israth
41.	Afrin Sulthana.M	II nd	B.Tech CSE (AI&DS)	Afrin
42.	Iswarya. A	II nd	B.Tech CSE (IoT)	Iswarya
43.	Logapriya.V	II nd	B.Tech CSE (IoT)	Logapriya
44.	Mahalakshmi.S	II nd	B.Tech CSE (IoT)	Mahalakshmi

S.No	Name	Year	Dept	Sign
1.	A. Safiq J. J.	II nd year	B.Tech CSE (IoT)	A. Safiq J. J.
2.	Pragadeesh D	II nd year	B.Tech CSE (IoT)	Pragadeesh
3.	Kamalathamma.T	II nd year	B.Tech CSE-D	Kamalathamma
4.	S.M. Siddiq Mohammod	II nd year	B.Tech CSE-D	S.M. Siddiq
5.	Syed Mohamed Jassal S	II nd year	B.Tech CSE-D	Syed Mohamed
6.	Thameer Ansari	II nd year	B.Tech CSE-D	Thameer
7.	Shafiqullah	II nd year	B.Tech CSE-D	Shafiqullah
8.	Hameed	II nd year	B.Tech CSE-D	Hameed
9.	Vignesh.V	II nd year	B.Tech CSE-D	Vignesh
10.	Suhail Ahmed	II nd year	B.Tech CSE-D	Suhail
11.	S. Kausheeq	II nd year	B.Tech CSE-D	S. Kausheeq
12.	Suhail Isfar.R	II nd year	B.Tech CSE-D	Suhail
13.	Sayed Ibrahim	II nd year	B.Tech CSE-D	Sayed
14.	Sheik Mohammad Rifa S	II nd year	B.Tech CSE-D	Sheik
15.	Sheik Mohammed M	II nd year	B.Tech CSE-D	Sheik
16.	Vedhanathan Pon Abrom.T	II nd year	B.Tech CSE-D	Vedhanathan
17.	Vishnu prasad P	II nd year	B.Tech CSE-D	Vishnu
18.	Nataraj.K	II nd year	B.Tech CSE-D	Nataraj
19.	Duaraqush C	II nd year	B.Tech CSE-D	Duaraqush
20.	Mohammed Lukman	II nd year	B.Tech CSE-D	Mohammed
21.	Mohamed Abbas S.A	II nd year	B.Tech CSE-D	Mohamed
22.	Mohamed Shams. H	II nd year	B.Tech CSE-D	Mohamed
23.	M.B. Mohammed Farooq	II nd year	B.Tech CSE-D	M.B. Mohammed



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S.No	Name	Year	Dept	Sign
1.	Furhan Munir Sajid	II	B.TECH CYBERSECURITY	Furhan
2.	Ahmed A	II	B.Tech (AISOS)	Ahmed
3.	Houshad Hakkim	II	B.Tech (AI/DS)	Houshad
4.	Nahad Azam	II	B.Tech (CYBER)	Nahad
5.	Abubakar Sami Almajid	II	B.Tech (CSE-A)	Abubakar
6.	Mohammed Hamdan	II	B.Tech (CSE-C)	Mohammed
7.	Muhammed Hazel	II	B.Tech (Cyber)	Muhammed
8.	Shoaib Ahmed	II	B.TECH (AIS-C)	Shoaib
9.	ABBAS . M	II	(1173) B.TECH (CSE-IOT)	Abbas
10.	Daigean	II	(0001) B.Tech CSE (IOT)	Daigean
11.	Ahmed Bilal	II	(0002) B. tech CSE (IOT)	Ahmed
11.	Ahmed Bilal	II	(0005) B.Tech CSE (IoT)	Ahmed
12.)	Shahid Akhramkha	II	(230191601050) B.Tech CSE (IoT)	Shahid
13.)	Muhammed Shahin Shahal	II	(230191601037) B. tech CSE CIOB	Muhammed
14.)	Yacub Jasim	II	(230191601059) B.TECH CSE (IOT)	Yacub
15.	K. BRAJANESHWARAN	II	(230191601008) B.TECH CSE (IOT)	K. Brajan
16.	B. MOHAMMAD YAKSIR	II	(230191601029) B.Tech CSE (IoT)	B. Mohammad
38.	Abdul Ahad . S	II	(230071601007) (CSE-A)	Abdul
39.	Adil Hussain	II	(230071601004) (CSE-A)	Adil

S.No	Name	Year	Dept	Sign
23)	AYAN . N	II Year	B.Tech CSE-A	Ayan
24)	BHARATHI	II Year	B.Tech CSE-A	Bharathi
25)	DANISH ABDUL MAJEED KHAN S	II Year	B. Tech CSE-A	Danish
26)	Fudail Mohammed Zafar	II Year	B.Tech CSE-A	Fudail
27)	Azad Swaleem	II Year	B.Tech CSE-A	Azad
28)	FAHIM ABDUL FATTAH	II Year	B.Tech CSE-A	Fahim
29)	Abhinav Gaurav	II Year	B.Tech CSE-A	Abhinav
30)	Abubakar Shahid Bilal	II Year	B.Tech CSE-A	Abubakar
31)	Abdul Hussain Ak	II Year	B.Tech CSE-A	Abdul
32)	Shridhar B	II Year	B.Tech CSE (IoT)-A	Shridhar
33.	R. Akbar Ali	II Year	B. tech CSE (CSE)	R. Akbar
34.	Farooq	II Year	B.Tech CSE (B)	Farooq
34)	Mahmud Naira	II Year	B.Tech CSE (B)	Mahmud
35)	Manikandan	II Year	B.Tech CSE (B)	Manikandan
36)	Farooq	II Year	B.Tech CSE (B)	Farooq
37)	R. Mohammed Ryan	II Year	B.Tech CSE (B)	R. Mohammed
38)	Shamir Anwar	II Year	B.Tech CSE (B)	Shamir
39)	Jonathan Herald	II Year	B.Tech CSE-B	Jonathan



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S.No	Name	Year	Dept	Sign
17	B.Venkateshwaran	II	B.Tech CSE (IoT) 230191601058	B.Venkatesh
18	Sapthagiri D	II	B.Tech CSE (IoT) 230191601047	Sapthagiri
19	Abdul Armaan H A.A	II	B.Tech CSE (A) 230071601003	Armaan
20	Amogh Arunha .P	II	B.Tech CSE (A) 230071601029	Amogh
21	ZAYED AHMED	II	B.Tech CSE (B) 230071601263	Zayed
22	Shanjay B	II	B.Tech CSE (D) 230071601202	Shanjay
23	Shafeeq Mohammed	II	B.Tech CSE (D) 230071601209	Shafeeq
24	Siddhant D	II	B.Tech CSE (IoT) 230191601045	Siddhant
25	Zubair	II	B.Tech CSE (IoT) 230191601051	Zubair
26	Hussain Ahmed	II	B.Tech CSE (IoT) 230191601055	Hussain
27	Alauddin Siddique	II	B.Tech CSE (IoT) 230191601053	Alauddin
28	Mir Mohammad Hussain	II	B.Tech (CSE) 230071601084	Mir Mohammad
29	Misael Benza	II	B.Tech (CSE) 230071601085	Misael
30	MOHAMED JAVIER M	II	B.Tech CSE 230071601078	MOHAMED
31	MOHAMED MUFARRIS	II	B.Tech CSE 230071601000	MOHAMED
32	Mohamed Subair M	II	B.Tech CSE (IoT) 230071601011	Mohamed
33	Mohamed Subair M	II	B.Tech CSE (IoT) 230071601011	Mohamed
34	Mohamed Subair M	II	B.Tech CSE (IoT) 230071601011	Mohamed
35	V. Abdul Rahim Khan	II	B.Tech CSE (A) 230071601012	V. Abdul Rahim
36	S. Faiz	II	B.Tech CSE (A) 230071601012	S. Faiz
37	Tishnu J	II	B.Tech CSE (A) 230071601012	Tishnu



Faculty Coordinator

Dr. Subhashini, Senior AP

Dr. Madina Banu, Assoc Professor

Mrs. H. Faheem Nikhat, Assistant Professor

HOD/CSE