







PSYCHOLOGY OF WINNING THROUGH YOGA AND SPORTS SCIENCES

Organised by

Department of Physical Education & Crescent Professional Counselling Center

in association with



Department of Yoga Tamilnadu Physical Education and Sports University



AMET University, Chennai

Under the Xuspices Ministry of Ayush, New Delhi

on the account of 11th International Day of Yoga (Yoga Sangam) [21.06.2025]



Venue: Seminar Hall I B.S. Abdur Rahman Crescent Institute of Science and Technology, Chennai



Prof. Dr. T. Murugesan

Vice Chancellor, BSACIST Will Preside over

Dr. N. Raja Hussain

Registrar, BSACIST Will Felicitate

Dr. N. Thajuddin

Pro Vice Chancellor, BSACIST Will Felicitate

Dr. Ayub Khan Dawood

Professor and Dean (SSSH), BSACIST Will Felicitate

Guests of Honour

Prof. Dr. Elangovan

Member - Executive Council. Indian Yoga Association New Delhi

Dr. V. Duraisami

Professor & Head, Dept. of Yoga Tamilnadu Physical Education and Sports University, Chennai.

Prof. Dr. N. R. Ramkumar

Director - Physical Education & Dean Student Welfare AMET University

Dr. S. Lakshmi Kandhan

Asst. Prof. [Yoga Therapy] Morarji Desai National Instt. of Yoga, Ministry of AYUSH, New Delhi.

Resource Persons

Dr. S. Selvalakshmi

Associate Prof. Dept. of Yoga & Sports Secretary, Tamilnadu Physical Education and Sports University, Chennai

Dr. Subbulakshmi Velusamy

Principal i/c, Faculty of Yoga Sciences & Therapy, Meenakshi Academy of Higher Education & Research University, Chennai.

Dr. S. Jayaprakash

College of Yoga, Chennai.

Dr. Senthamarai Kannan

Sports Physiotherapist, Kanchipuram

Dr. Shanthi

Asst. Prof. Vethathri Maharishi College of Yoga, Chennai.

Mr. Arunraj Founder & MD. Performance

Ms. Prabha Rajan

Counselling Psychologist, Chennai

Fitness Coach / Wellness Strategist

Organizing Secretary

Dr. S. Muthulakshmi

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Dr. S. Selvakumar

Director. **Department of Physical Education** BSACIST Contact No. +91 97900 85085

Principal, Vethathri Maharishi



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Registration Fee: Rs.350

Registration Link

https://forms.gle/REmyJo468y4VvUjb7

Inauguration & Demonstration (Mechanical Sciences Block)

(Registration Kit, Refreshment and Lunch will be included)

Note: Registred participant must report in front of Mechanical Sciences Block at 9.00am to receive the Registration kit

Agenda

- 9.30 am 10.00 am -
- 10.00 am 10.15 am Tea Break
- 10.30 am 01.00 pm Keynote Speeches (Seminar Hall I, Convention Centre)
- 01.00 pm 02.00 pm Lunch break
- 02.00 pm 03.45 pm Panel discussion
- 03.45 pm 04.00 pm Tea Break
- 04.00 pm 04.30 pm Valedictory

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