









PSYCHOLOGY OF WINNING THROUGH YOGA AND SPORTS SCIENCES

Organised by

Department of Physical Education & Crescent Professional Counselling Center

in association with



Tamilnadu Physical Education and Sports University &





Under the Xuspices

Ministry of Ayush, New Delhi

on the account of 11th International Day of Yoga (Yoga Sangam) [21.06.2025]

27th June

(FRIDAY) 9.00 AM - 4.30 PM

Venue: Seminar Hall I B.S. Abdur Rahman Crescent Institute of Science and Technology, Chennai



Prof. Dr. T. Murugesan

Vice Chancellor, BSACIST Will Preside over

Dr. N. Raja Hussain

Registrar, BSACIST Will Felicitate

Dr. N. Thajuddin

Pro Vice Chancellor, BSACIST
Will Felicitate

Dr. Ayub Khan Dawood

Professor and Dean (SSSH), BSACIST
Will Felicitate

Guests of Honour

Prof. Dr. Elangovan

Member - Executive Council, Indian Yoga Association New Delhi

Dr. V. Duraisami

Professor & Head, Dept. of Yoga Tamilnadu Physical Education and Sports University, Chennai.

Prof. Dr. N. R. Ramkumar

Director - Physical Education & Dean Student Welfare AMET University

Dr. S. Lakshmi Kandhan

Asst. Prof. [Yoga Therapy] Morarji Desai National Instt. of Yoga, Ministry of AYUSH, New Delhi.

Resource Persons

Dr. S. Selvalakshmi

Associate Prof. Dept. of Yoga & Sports Secretary, Tamilnadu Physical Education and Sports University, Chennai

Dr. Subbulakshmi Velusamy

Principal i/c, Faculty of Yoga Sciences & Therapy, Meenakshi Academy of Higher Education & Research University, Chennai.

Dr. S. Jayaprakash

Principal, Vethathri Maharishi College of Yoga, Chennai.

Dr. Senthamarai Kannan

Sports Physiotherapist, Kanchipuram

Dr. Shanthi

Asst. Prof. Vethathri Maharishi College of Yoga, Chennai.

Mr. Arunraj

Founder & MD, Performance
Fitness Coach / Wellness Strategist

Ms. Prabha Rajan

Counselling Psychologist, Chennai

Organizing Secretary

Dr. S. Muthulakshmi

Psychologist-Crescent Professional Counselling Centre, BSACIST Contact No. +91 87541 81948

Dr. S. Selvakumar

Director,
Department of Physical Education
BSACIST
Contact No. +91 97900 85085



A/C No: 165702000000786,

Name: B.S. Abdur Rahman Crescent

Institute of Science and Technology,

Bank: Indian Overseas Bank,

Branch: Vandalur,

IFSC Code: IOBA0001657

Scan QR for UPI Payment



Registration Fee: Rs.350

(Registration Kit, Refreshment and Lunch will be included)

Registration Link

https://forms.gle/REmyJo468y4VvUjb7

Note: Registred participant must report in front of Mechanical Sciences Block at 9.00am to receive the Registration kit

Agenda

9.30 am - 10.00 am - Inauguration & Demonstration (Mechanical Sciences Block)

10.00 am - 10.15 am - Tea Break

10.30 am - 01.00 pm - Keynote Speeches (Seminar Hall III, Convention Centre)

01.00 pm - 02.00 pm - Lunch break

02.00 pm - 03.45 pm - Panel discussion

03.45 pm - 04.00 pm - Tea Break

04.00 pm - 04.30 pm - Valedictory

One Earth One health'