

**OFFICE OF STUDENT AFFAIRS ANNUAL
REPORT
(Cultural & Extracurricular Activities)**



YEAR - 2021 - 22

ANNUAL REPORT 2021-22

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B.S. Abdur Rahman

Crescent

Institute of Science & Technology
Deemed to be University u/s 3 of the UGC Act, 1956

ISTD - C LIST OF INTER COLLEGE EVENTS PARTICIPATED 2021-2022

We the team of ISTD- C participated in various cultural activities which was hosted by other colleges from March 2022 till now. It gave us immense amount of confidence, experience as well as we learnt how competitive other colleges are.

Our heartfelt thanks to the Management, our Dean(StudentAffairs) Dr. Karthikeyan Sir for his constant. ISTD-C staff coordinator Ms. Manicka Priya mam for her encouragement and to our club staff coordinators for the support

We also extend our heartfelt thanks to the staffs who accompanied us throughout the events with full positive vibe and constant encouragement without which we would not be able to achieve and experience what we have achieved so far. We have attached our travel throughout the event and our achievements for your reference.

CRESCENT MUSIC TEAM

Crescent Music Team has always been entertaining people inside the university and has exhibited various musical talents of our students. We did not just stop there. We went out to various intercollegiate cultural events in Chennai. We participated in the events Battle of Bands, Solo-Singing, Acapella and Rap Battles. The multiple wins in the solo singing category bears witness to our professionalism. We excelled well in all the band events around 7 colleges to an extent where we did receive special mentions for our outstanding performances. This was not just a showcasing platform for us, rather it was a learning experience that allowed us to learn a lot from the other bands that performed with us and had improvised each performance.

College Name	Event Name	Participant	Competition	Prize
IIT Madras	Cultural	Shalini	Solo Singing	3rd

Ethiraj College	Matram '22	Music Team	Acapella	2nd
Jain Women's College	Sargam 2022	Shalini	Solo Singing	1st
Gurunankh College	G-Iris 2k22	Aravind	Rap Battle	1st
Sdnb Vaishnav College	Smrti'22	Supraja	Carnatic Solo Singing	1st
Sri Venkateswara College	Highways	Yogesh	Solo Singing	3rd



**CRES
CENT
TEAM
DRAM
ATIX**

Passiona
te and
innovativ

e students who join hands together, build up concepts regarding current affairs, social and moral issues. We will always entertain people in many aspects as we support



true
talent
s in
our
club.
We
won
many
inter
colleg

e events like MIT, CEG and won the title in BLACKSHEEP as variety Don. We continued our winning streak for the 4th time in Pondicherry technological university.

COLLEGE NAME	EVENT NAME	PARTICIPANT	COMPETITION	PRIZE
Pondicherry Engineering College	Peco Fest	Dramatix team	Variety	1 st
Ethiraj College	MATRAM '22	Dramatix team	Channel Surfing	3 rd
MIT College	MITAFEST	Dramatix team	variety	2 nd
Blacksheep's College Don	Blacksheep's College Don	Dramatix team	variety	1 st
SDNB Vaishanav College	Cultural	Dramatix team	Street theatre	2 nd



Name of the event: **Theatrefest'22** (South India's Dramatix Fest)

Date of the event: 28th and 29th of may 2022.

Location : Convention Center, B. S. Abdur Rahman Crescent Institute of science and Technology, Vandalur.

No. of students attended: 1800

Event Summary

Theatrefest'22 is an Inter-collegiate dramatix event which was held on 28th and 29th of May 2022. It was inaugurated by honorable collector Mrs. R. V. Shajeevana, I.A.S, Deputy Registrar Dr. N. Raja Hussain and Dean of student affairs Dr. Karthikeyan Ramalingam. The auditorium was open to Crescent college students and Participants. Famous personalities such as Actor Adithya Baskar, Rio Raj, Santhosh Prathap, Director Parthiban, RJ Ashwini Govindharaju, RJ Preethy and many more have endorsed and made their presence felt at Theatrefest'22.

This fest was organized by the club members of Crescent Team Dramatic with the guidance of club coordinator Mr. Y. Ibrahim, Assistant Professor. Students from all over Tami Nadu participated in various events such as Solo Acting, Mime, Street Theater, Variety, Talent Show, Channel surfing and Adzap. The highlight of the second day was the variety event and the audience were exhilarated by the Technical performance.

Apart from the competition, Pro shows performances were carried out by in-house clubs such as Crescent Silambam Club, Crescent Music Club, Crescent Dance Club, Crescent Fashion Team, Crescent Blood Donors and Crescent Team Dramatix.

The fest came to an end with the valedictory results and the winners were awarded with the certificates, cash price and coupons.





CRESCENTIAN VOICE CLUB

EVENT NAME	PARTICIPANT	PRIZE	COLLEGE NAME
HINDUSTAV '22	ANNA CATHERINE	2nd	HINDUSTAN
IMPULSE'22	EVANGELINE	3rd	MAR GREGORIOUS

The club members of Crescentian Voice Channel have been actively participating by sending 15 seconds and 1 min audios for the Instagram page. We are proud to say that this year, 2022 was the first time we participated in an inter college event and our club members Anna Catherine and

Evangeline have won in two different colleges. We have other interesting activities like Live shows so that our VJ's and RJ's can connect directly with our audience and Celebrity interviews as well. The club also hosts every programme that happens in our college and is privileged to do so.



CRESCENT ART CLUB

Crescent art club has always played an creative role in the college in various cultural We have contributed backgrounds and décor multiple events. We have conducted workshops on chalk piece carving, oil water color, sketching. We conduct monthly keep our members engaged. This has

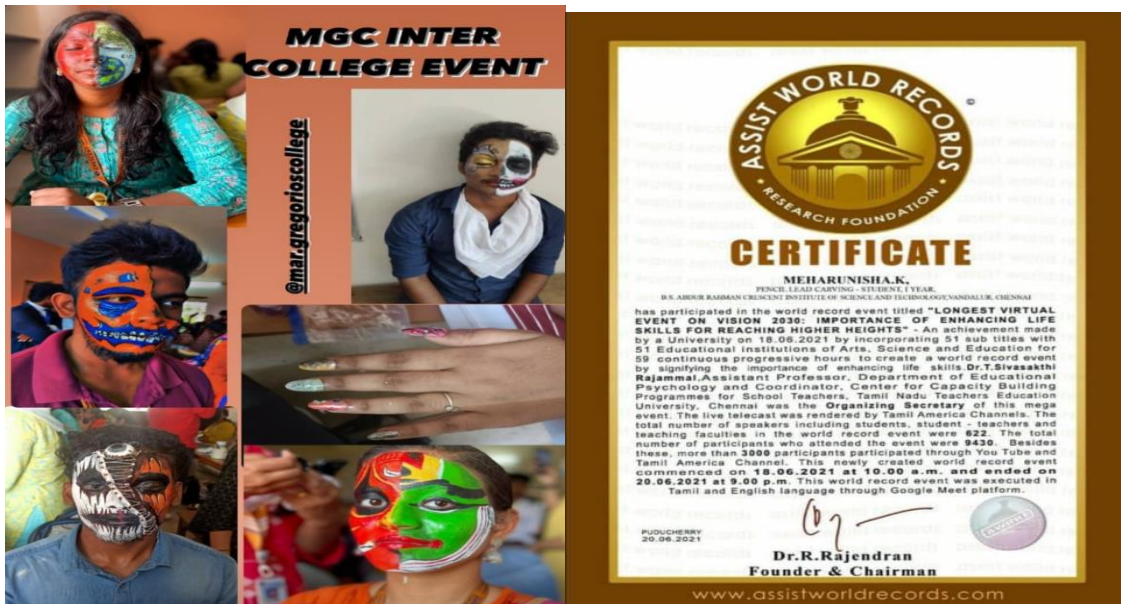


active activities. for painting, tasks to

encouraged our members to actively participate in creative events. Our members have participated in multiple inter college cultural events representing our university. **Our member Meharunisha holds the world record for longest virtual on vision-2030 in 'assist world records**

COLLEGE NAME	EVENT NAME	PARTICIPANT	COMPETITION	PRIZE
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Mar Gregorious College	IMPULSE 22	<ol style="list-style-type: none"> 1. Varsha Albert 2. Mohamed Aslam.A 3. Harini.B 4. Chandra Hussain 5. Maryam mahboobha 6. Mohamad Illiyas.I 7. Arshad 8. Danusha .P 9. Dhanwanth S 	<p>Face painting</p> <p>Nail art</p> <p>Wall painting</p> <p>Solo drawing</p>	-
Madras Christian college	AATHMAN	<ol style="list-style-type: none"> 1. Afisa begum 2. Charumathi 3. Harini sri 4. Mujaina 5. Raguram 6. Sylvia susan 7. Varsha Albert 8. Muthu indhira 	<p>Face painting</p> <p>Sketching</p> <p>Doodling</p>	-





ONAM 2k22

As the new team of ISTD-C, Onam was our very first event. Which was held on the **15th of September 2022** (Thursday). The first event was “pookolam event” that was conducted by the **art club** in the MS block.

After the pookolam event, the actual ONAM celebrations started in the lunch break i.e., 12:40 pm. It started with the introduction of the event by the voice club heads followed by the chenda melam, which was later followed by the various events like music, dance, fashion walk. The crowd seemed really excited and engaging.

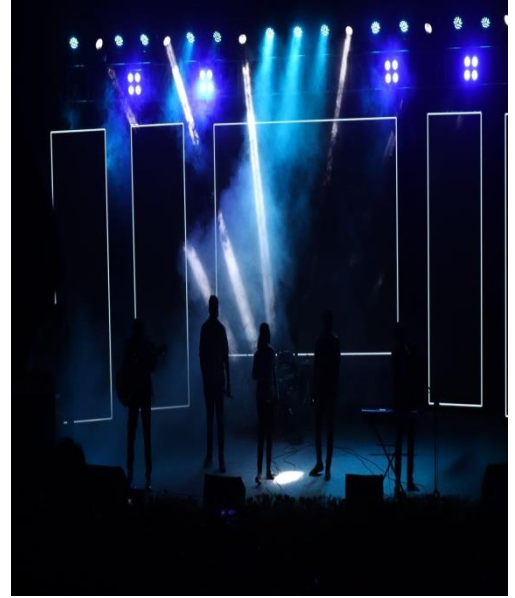


CRESCENT CLUB OF PHOTOGRAPHERS

Crescent Club of Photographers has been nurturing young amateur photographers to learn new dynamics of photography and develop their talents. Photography club has also been playing an important role in capturing the events and memories in our institution as it happens. Our photographers have been working in the background and contributing to the success of every college event. In recent times they have also been learning to compete at various inter-college competitions and making our presence known in other colleges.

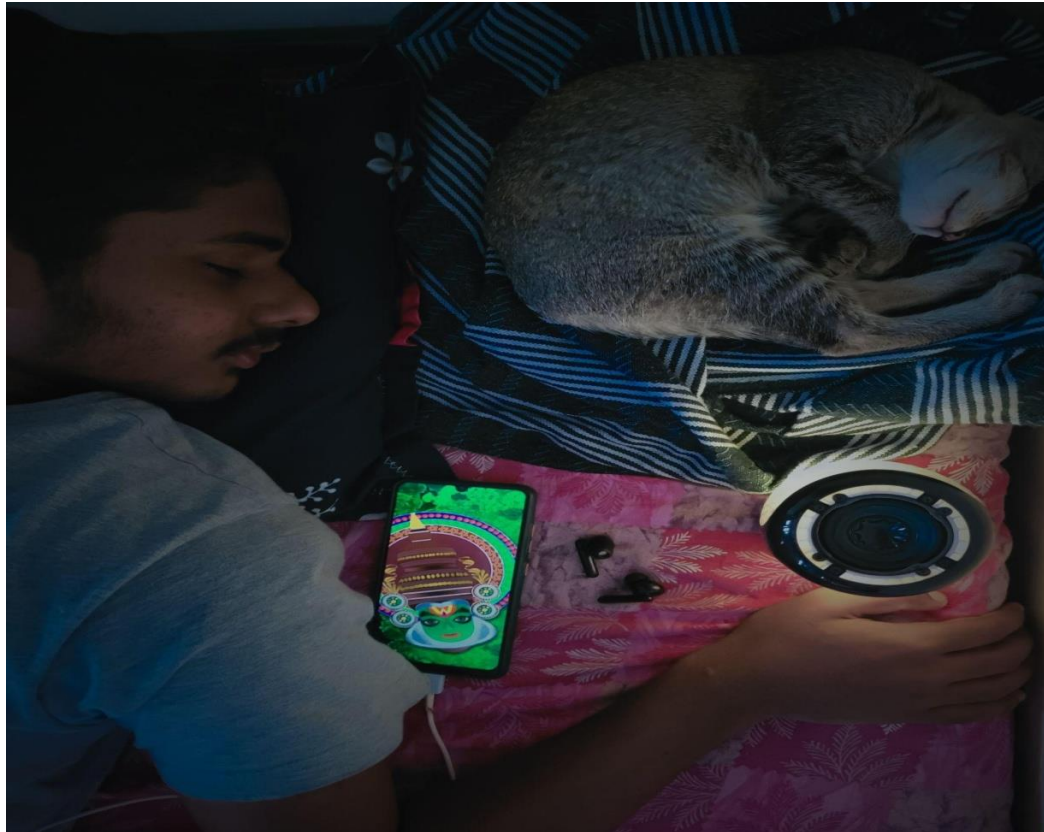
COLLEGE NAME	EVENT NAME	PARTICIPANT	COMPETITION	PRIZE
MAR Gregorious	IMPULSE 22	1. Ahmed Shebib 2. Shaik Sarjoon 3. Sanobar B	Photo Contest	N/A
Ethiraj college for women	MATRAM 22	1. Nitin Advait 2. Mohammad Aadil 3. Intasar	Photo Contest	N/A





ONAM 2k22

The Crescent Photography club conducted the Onam 2022 event on September 7th to 10th through online mode, official instagram account shared through whatsapp groups judged by Jazeera Mariyam.s. and Nithin Advait the subject that Creativity, Framing and relatable topic with 20 students registered and select 3 students only.



Name : Arshath Farwyz

RRN : 210171601011

Caption : wake up , its Onam'O clock and then my alarm dead (because we got classes not holiday)

Winners under the topic “Colors”



1st Place

Name :
Mohamed
Zubair RRN
:20007160200
Caption:
Colored
Smoke



2nd Place

Mohideen RRN: 201411601032

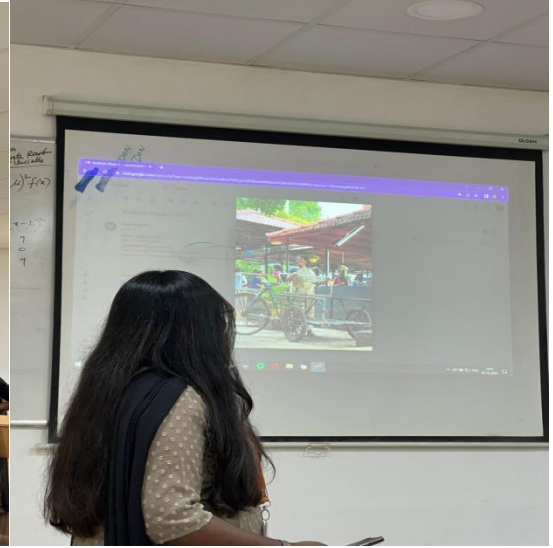
Caption : It's a favorite one when showing emotions. It's a hatred one when shows description

AUDITIONS 2022

The Crescent Photography club conducted the Auditions 2022 event on November 1st to 3rd through online mode, official instagram account shared through whatsapp groups the subject that Creativity, Framing and relatable topic. 328 students registered and selected 30 students only.

Few Images from the Audition





CRESCENT DANCE CLUB

As we are a dance club after 3 to 4 years, we have participated in outside events like Hindustan college (HINDOTSAV22), Saveetha college (PRIDE22), SDNB Vaishnava college (PSYFIESTA22). In Hindustan college we participated in Adaptune (2 boys), Dual dance (2 boys) and Group dance (18 girls). In Saveetha College we participated only in Group dance (10 boys). In SDNB Vaishnava college we participated in group dance (8 girls) and we got 3rd prize.





CRESCENT FASHION TEAM

Crescent Fashion Team has been proving their talents and dedication through their winnings in several inter college competitions. We have a great team, who are really dedicated and with amazing coordination. The club members are active and the performances are choreographed well. We have recently won the title in SDNBV College and SDNB SMRITI we came as runners up.

COLLEGE NAME	EVENT NAME	PARTICIPANT	COMPETITION	PRIZE
SDNB	Smrti	Fashion Team	Ramp walk	1
SDNB	Fashionista	Fashion Team	Ramp walk	2
Gurunanak	Pride	Mohammed Taneem Papa	Ramp walk	1



CRESCENT LITERARY SOCIETY

Crescent Literary Society has always been proving its presence through its meticulous planning for the Institute's Bi-annual magazine, its online content and by winning laurels to our institute. In this past year, our club has participated in more than 20 intercollegiate events and have bagged several awards and special mentions for their extraordinary talents. We are indeed proud to highlight that we have kept the tradition alive of continuously winning in the MIT Debate conducted by Air India for the past 5 years. Another specialty about our winners is that they have won awards in both non-technical and technical literary events. For example, the winning of technical debate conducted by SRM Institute. Despite the lack of opportunities due to Covid and other restrictions, our club has proved its mettle once again, this year and we hope to continue to excel in the same way.

COLLEGE/ HOST	EVENT	PARTICIPANT	COMPETITION	PRIZE
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NAME	NAME			
REC	Lockdown fete	Md Aman	Extempore	2nd
Air India	MIT Debate	Fadhli ur Rahman	Debate	1st
		Pavan Sai		
		Md Aman		
SRM	Kratorg	Abishek Shankar	Technical Debate	1st
		Musab Humzah Syed		
		Vikram Venkat		
Patrician College of Arts and Science	-	Muhammad Umar	Debate	2nd
		Md Aman		
SSN	SSN Instincts	Musab Humzah Syed	Debate	3rd
		Aashik		
SSN	SSN Instincts	Anna Catharine	Improv Theatre	3rd

FOR THE PEOPLE, OF THE PEOPLE

In light of India's 76th Independence Day Crescent Literary Society hosted **"For the people, Of the people"** an intra college Elocution, Quiz and Writing Competition, dedicated to India and to all the students of our Institute, who constitute its future. The program was hosted by final years and office bearers of Crescent Literary Society and held on August 11th, 2022.

ELOCUTION:

The first event was an intra-college elocution

In the Light of Independence Day,
CRESCENT LITERARY SOCIETY & OFFICE OF STUDENT AFFAIRS
presents
FOR THE PEOPLE, OF THE PEOPLE
An Intra-College Literary Event
Events: Elocution, Quiz & Writing

Prizes worth Rs. 3000

Venue: College Campus
Date & Time: 11th August, 2022 & 9 a.m

For Queries, Contact:
Abishek Shankar - 8056184265
Azfar Faheem Mustafa - 7977573428

competition conducted by the House of Debaters, Crescent Literary Society. The events started at 9 am with 25 participants. The topics for the elocution were informed to the participants through mail on 10th of August. Performance of the participants was judged by Abhishek Shankar (4th year, Btech EEE) and Talha Abdur Rahman (4th year, Btech CSE) after much discussion and meticulous thinking, the judges declared a winner, a second place and a special mention. The special mention was awarded a certificate of appreciation and the top two performers were awarded certificates as well as books related to Indian independence as prizes on stage on 15th August, 2022 during our college's independence day celebrations .



QUIZ:

The second event was an intra-college quiz competition conducted by Quizzers Circuit, Crescent Literary Society, the competition had two rounds of quizzing related to the Indian Independence. A printed questionnaire carrying 25 multiple choice questions was given for the first round among 40 participants. The top 4 participants were qualified for round 2 depending on their marks scored within the given time limit. This final round was a rapid-fire round for the 4 qualified finalists. Each participant was asked 5 questions in quick succession and the participant who answered the most questions accurately was declared the winner, second place. The top two performers were awarded certificates as well as books related to Indian independence as prizes on stage on 15th August, 2022 during our college's independence day celebrations. The competition was judged by Talha Abdur Rahman, 4th year, Btech CSE and Visvesh S, 4th year, Btech CSE.



WRITING:

The final event is an online intra-college writing competition conducted by the Writers Guild, Crescent Literary Society. Wherein the participants were given a choice between writing a poem or an article. The prompt for the article and an image for the poem was sent to the registered participant's mail at 9 am on August 11, 2022. Participants were given three days of time to send their completed work to the official id. The competition was judged by Saniya Mirza 4th year, Btech ECE and Vikram, 4th year, Btech EEE. The most unique work was announced as the winner, second place and a special mention. The special mention was awarded a certificate of appreciation and the top two performers were awarded certificates as well as books related to the Indian independence as prizes on stage on 15th August, 2022.



Conclusion:

The event saw an overall participation of more than 100 students, many of whom participated in multiple events too. It concluded with the award distribution to the winners of each event. The prizes were distributed on stage by the Chancellor - Mr. Bsa Arif Buhary Rahman, the Vice Chancellor - Dr. A. Peer Mohamed, the Registrar - Dr Raja Hussain, the Dean of Student Affairs - Dr Karthikeyan Ramalingam, other dignitaries and staff coordinators on 15th August, 2022 during our college's independence day celebrations. The event was a grand success.

CRESCENT MEDIA CLUB



As a Club, Crescent Media Club Films Short films, micro films and also scripts and lyrics about various concepts. We are almost 80+ members in our club, of which each of them are skilled in different technical aspects involved in film making. To extend and widen our knowledge and

expertise in this field, we conducted an online webinar with Cine Directors which was so useful to our students, and we took a specific day to learn with our club past seniors and learned practically.

CRESCENT PHILATELY CLUB

Crescent Philately Club has always played an active role in the college in various cultural events. We have conducted workshops on coins, currencies and stamps. Our Club members have participated in multiple inter college cultural events such as Bridal makeover, Mehndi, Crafts representing our university. We won many inter college events like MIT, CEG and won the title in BLACKSHEEP as variety Don.

COLLEGE/ HOST NAME	EVENT NAME	PARTICIPANT	COMPETITION	PRIZE
Guru Shree Shantivijai Jain College for Women	Sargam 2022	Madhumitha B Annie Sri Sherin A Rajalakshmi	Mehndi	NA
Madras Cristian College	Aathmann 2022	Ramya Sri V	Face Painting	NA
		Liza C J		
		Zeena Qaaida	Poster Designing	
Mar College of Arts and Science	Impulse 2022	Yasirah Sabreen Sumitha	Bridal Makeup	NA
		Shabana Banu Yuvashree		

		Yasmin, Swathika	Nail Art	NA
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RANGOLI

As the new team of **Crescent Philately Club**, Kolam Poti was our first event which was held on the 13th of September 2022 (Tuesday).

The first event was “Kolam Poti” that was conducted by the Philately Club in the Mechanical Science Block. The topic for the event was “Social Awareness”. In the event there were totally 36 participants for the Kolam Poti.

After the Kolam Poti, the evaluation has been started by the judges. The event was conducted during the lunch break i.e., 12.30 pm.

I thank the judges who came to evaluate the event and decide the winner of the day Dr. Karithikeyar Ramalingam (Dean of Student Affairs), Dr. S.M. Shaheedha (Deputy Dean of Student Affairs), Dr. S. Rasool Mohideen (Dean of Mechanical Science) and Dr. Sharmila Shankar (CSE Department).



CRESCENT TECHNOCRATS CLUB

Crescent Technocrats Club of B S Abdur Rahman Crescent Institute of Science and Technology, Vandalur, Chennai conducted Book Launch of “Tech in Med – A Dive into Technology in Medical Sciences”. The book was authored by team of students and faculty members along with Medical Professionals from various disciplines. This book was authored with an aim of improving standards of technology in Medical Sciences. Book was launched by Mr. Vijay Vasanth M.P, CEO Vasanth and Co., Member of Parliament-Kanyakumari constituency. First copy of the book was received by Dr. Kumudha Lingaraj, Dean- Tagore Medical College and Hospital. Registrar of the institute Dr. Azad along with deans and directors of the institute were present in the event.



CRESCENT STUDENT COUNCIL



Crescent Student's Council organized a 2-day Conclave at our university campus premises which took place on 13th and 14th of May 2022. We presented this event with a aim to showcase a platform of esteemed and experience speakers to our student community to enlighten the current youth about their need in the development in society.

The target audience were the student who had the opportunity to meet such famous personalities from the respective themes indicated below:

- **Entrepreneurship in the Lean Startup**

From early development to language acquisition to product and service purchases, to the decision to check email on one's phone amid a crowd, his human proclivity for imitative conduct has been noticed and researched several times. Humans are greatly impacted by what they see (physically or virtually) others doing in all of these scenarios. Entrepreneurship has the potential to spread virally, but it must be introduced early and frequently in contexts where it is not.

- **Social Skills**

You become more charming through honing your social abilities, which is a desired attribute. People are drawn to charismatic individuals because charismatic individuals are (or appear to be) more interested in them. Most individuals understand that solid interpersonal relationships are essential for success in life. Social skills that have been fine-tuned may improve your happiness and contentment, as well as your attitude on life.

- **Women Empowerment**

Women are currently living better lives than ever before. If the marriage does not work out, they will not make any compromises. They are increasingly self-sufficient, and their health is improving in comparison to previous decades. Women are entering the labor force in greater numbers. They are demonstrating their abilities in non-traditional domains such as law enforcement, defense, administration, journalism, and research.

- **Innovation and Technology**

Without quick development in these areas—progress that is comparable with the rapid technical advance – an increasing number of individuals and entire civilizations will be left behind. This would be in sharp contrast to the SDG aspirations that governments have set for themselves. Science and technology are advancing at a rapid pace. In fact, the epidemic has expedited it, revealing new ideas and modes of collaboration. These will continue to have far-

reaching consequences for the economy, society, and environment. We must guarantee that they benefit everyone while also furthering the SDGs. Rapid technical advancements are almost never neutral. They can pose remarkable policy and socioeconomic issues, involving a diverse set of stakeholders.

- **Healthcare and Medical**

Many coverage policies change how much families have to pay for health care, generally by changing what government programs pay on their behalf or by changing how health care spending burdens are shared between people with larger and smaller health care needs. But other proposals aim to reduce the underlying cost of health care, either by reducing how many health care services patients receive or by reducing the prices paid for those services. Policies like these have the potential to reduce overall health care spending throughout the system, but this is oftentimes easier said than done.

- **Digital Revolution**

Many coverage policies alter how much families need to pay for health care, either by changing what government programs pay on their behalf or by altering how health care spending responsibilities are distributed among persons with varying health care requirements. Other suggestions, on the other hand, seek to decrease the underlying cost of health care, either by reducing the number of medical services that people get or by reducing the rates paid for those services. These policies have the potential to reduce overall health care spending from across the system, but it is oftentimes easier said than done.

Apart from the themes mentioned above, the speakers spoke about their personal experience throughout their lifetime and many more to come in the future. It was truly an inspiring presentation of array of themes which made the audience truly motivated.

GUESTSPEAKERS

Day 1

- **Mr. Nandhakumar**, IRS
- **Dr. Sultan Ahmed Ismail**, Indian Soil Biologist and Ecologist
- **Mrs. Lakshmi Ramakrishnan**, Actor, Film Maker and Reality Talk Show Host and Founder/Managing Trustee Of 'Nerमारrai'

Day 2

- **Dr. A Amalraj**, DGP – Director of TN Police Training Academy
- **Thiru Veera Raghava Rao**, IAS – Director of Employment and Training Guindy
- **Mr. Senthilvel**, Journalist



Dr.AAmalraj,DGP–Directorof TNPoliceTrainingAcademy

Mr.Senthilvel,Journalist



ThiruVeeraRaghavaRao,IAS–Directorof EmploymentandTrainingGuindy



Mrs. Lakshmi Ramakrishnan, Actor, Film Maker and Reality Talk Show Host



Dr. Sultan Ahmed Ismail, Indian Soil Biologist and Ecologist



Mr. Nandhakumar, IRS

CRESCENT STUDENT COUNCIL

BOOK FAIR

Educational Trip to BAPASI 45th CHENNAI BOOK FAIR

Led by the Crescent Student Council, Office of Student Affairs, Students of our institute visited the 45th Chennai Book Fair and actively participated in various events, relished the love of reading and buying books. Interacted with various leaders of political parties, authors and actors. Also had the pleasure of releasing book entitled "Vithivilaku" by Dr. M Murali of our Tamil Department.



CRESCENT STUDENT COUNCIL

DRUG ABUSE RESISTANCE EDUCATION

Crescent Student Council of B S Abdur Rahman Crescent Institute of Science and Technology, Vandalur, Chennai conducted D.A.R.E.`22 (Drug Abuse Resistance Education). The event was organized by a team of students and faculty members. The event was conducted in order to spread more awareness about the usage of Drugs and its effect in the brain and body. Dr. MD. Obiedullah Baig, International Speaker and Physician, International president of AIUTC Coordination committee lead the awareness program and presented a PowerPoint Presentation for the easy understanding of our students. Mr.Arivalagan, Assistant Commissioner of Police was the Guest of Honor. Registrar of the institute Dr. N. Raja Hussain along with deans and directors of the institute were present in the event.





AZHAL

We **The Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (RID 3232) has successfully done our 11th Installation Ceremony **அழல்**.

அழல் was conducted on 01st August 2021, between 10 AM to 12 PM. We had nearly 100 participants including the Rotarians of Rotary Club of Madras Mount, District Officials, Change Presidents, Change Secretaries, our club members, fellow rotaractors, friends and families.

We had our Chief Guest **Rtn. Balu**, President 2021-22 from Rotary Club of Madras Mount and we had two Guests of Honor, **Dr. Raja Hussain**, Additional Registrar of Crescent Institute of Science and Technology and **Rtr. PP. Kamuvel**, DRR 2021-22. On adding to it we had **Dr. Karthikeyan Ramalingam**, Dean of Student Affairs of Crescent Institute of Science and Technology and **Rtn. Deepa Shree**, Secretary 2021-22 from Rotary Club of Madras Mount as the special invitees.

The installation and collaring of New President along with his office bearers, the charter and sergeant band and stick exchange were done. Then we had our Year Theme launch, Year Logo launch, Banner and Standee Launch and Letter Head launch for the Rotary year 2021-22.

In addition to it, we had our 4 **Project Launches** in the ceremony which covers all the 4 avenues. Board members were given the appointment letter including their badges by the dignitaries.

We heard more pleasant words, great wise sayings and motivational supporting words from our Chief Guest, Guests of Honor, Special Invitees, Past President and Past board members of our club.

Finally, the big day, was all set to end with lots of memories and started the change year with full positive vibes and boosting energy with a lot of dreams.

CHARITY OF GOODNESS 3.0

"If you want to lift yourself up, lift up someone else ."

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount**, (Rotary International District **3232**) joined hands with Rotaract Club of Ambarnath, RID 3142 (host club), for a project titled "**CHARITY OF GOODNESS 3.0**", in which 104 other clubs was included. The main

motive of this project was to **donate sanitary napkins to under privileged children and women**. This project was done by us on 12th September 2021 in a slum area near Udhayam Theatre.

We created awareness about this project to our fellow rotaractors by sharing posters through social media and collected a sum of Rs.2000 to buy sanitary napkins. A lot of 40 sanitary napkins were purchased and was donated to women and girl children residing near Udhayam Theatre, K K Nagar. The photos were shared with Rotaract Club of Ambarnath, RID 3142. A small awareness was made to people before donating the napkins. We thank our fellow rotaractors without whom this wouldn't be a great success.

"The best way to find yourself is to lose yourself in the service of others."

CHENNAI FLOODS

"Happiness lies in sharing, share a little amount from your total."

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event "**ChennaiFloods**", where **we distributed foods to over 400 people residing near Pulianthope, who were extremely affected by the Chennai flood.**

We collected the amount from our college students, staffs, friends and relatives for distributing food packets. On 14th November 2021, celebrating the eve of Children's Day, we provided food and sanitation to the people near Pulianthope and Mannady.

"You feel yourself new, when you donate"

CUSTOLYTICAL

“Be productive and informative”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“Custolytical”** an International Service project. This project was held on 27th January 2022. This was organized on the eve of Republic Day.

In this project, we combined with 6 other clubs **“Rotaract Club of Sri Aurobindo”** from (Rotary International District **3011**), **“Rotaract Club of Faridabad Aravalli”** from (Rotary International District **3011**), **“Rotaract Club of Adaiyalam”** from (Rotary International District **3203**), **“Rotaract Club of Malang Kuttaraja”** from (Rotary International District **3420**), **“Rotaract Club of Silvercity Midtown”** from (Rotary International District **3080**) and **“Rotaract Club of Coimbatore Institute of Technology”** from (Rotary International District **3201**). **The main motive of this project is to make students aware about the customs department, job opportunities in customs, role of a customs service officer.**

We invited two efficient speakers, Mr. Kamlesh and Mr. Jitendra Kumar, who are customs officer in Airforce and Navy. They made a clear view about the roles of customs officer, what do they do, rules and regulations of customs both in air and water, how important it is to have customs department and more. At last, we had a Q&A session and the evening ended up with loads of information.

“Connect beyond boundaries for vast knowledge.”

DIGITAL CLUBHOUSE PATTIMANDRAM

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event "**DIGITAL CLUBHOUSE PATTIMANDRAM**" a club service project. This project was hosted by Rotaract Club of East Coast Chennai.

This project was done on 16th June 2021 to 18th June 2021, to express one's public speaking skills. This project was held for 3 days, first day being the prelims speakers were shortlisted, second day semi-finals was conducted for the shortlisted speakers, out of which 6 finalists were selected for the finale.

"It's the little memories that will last a lifetime".

ED-WISE

"Education is not learnt, it is shared"

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event "**ED-WISE**" a Community Service project. This project was done on the eve of Teacher's Day 05th September 2021.

To grace the sacrifice and work of Teachers we planned to distribute a small scroll which wishes teachers with a small verse for them. Along with that we collected small message from our college students and friends about their favourite students and shared that message scroll to the respective teachers. **We felt blessed in watching the happiness in our teachers face out of total love, joy and satisfaction.**

"It's always teachers first before education"

HAIR DONATION DRIVE

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), hosted a district project titled **“CAN SHARE”**, a hair donation drive for the cancer patients. This project was done on 30th September 2021 in our college campus. This project is an initiative by District Rotaract Council in collaboration with **THE CHERIAN FOUNDATION**, where stylists from **Naturals** came to our college campus for cutting the hair of the donors of the required length.

The main motive of this project is to donate 8 inches of hair from which hair wig is done, which will be further donated to cancer patients to build self confidence in them. On a total count of 50 students and faculties donated their hair for this cause. Ms. Sara Benjamin Cherian the founder of CHERIAN FOUNDATION, was the chief guest of the day. She graced the session with her confidential and motivational words. The donated hair were collectively handed over to THE CHERIAN FOUNDATION, for the process of making wig and further to be distributed to the cancer patients of Adyar Cancer Institute.

“You feel yourself new, when you donate”

HANDOUT SPARKLERS

“Sharing is the key of happiness”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“HANDOUT SPARKLERS”** a Community Service project. This project was done on the eve of Diwali, on 3rd November 2021.

We shared a small portion of crackers to school children. In addition to it we collected amount from students, friends and family with which we bought crackers and sweet. We shared all these with the school kids of a government school in Keerapakkam.

“Happiness in others makes our heart smile”

IC ELEVATING ROTARACT

“Be productive and informative”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) along with Rotaract Club of Madras Chenna Patna has organized an event **“IC ELEVATING ROTARACT”** an International Service project. It's a joint project which was hosted by Rotaract Club of Madras Chenna Patna and Rotaract Club of Pune Camp Pioneers along with Rotaract Club of New College and Rotaract Club of Agni Institute of Technology.

This project was done on 10th October 2021, to have a clear view about the Elevate Rotaract for future leaders. Trained professionals, effective rotaractors and rotarians briefed about the Elevate Rotaract. The session was much informative and we had Q&A session in the end.

“Connect beyond boundaries for vast knowledge.”

IDHU THERIYUMA

“Education is not learnt, it is shared”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“IDHU THERIYUMA”** a Professional Service project. It is a year long project in which we post the unknown facts in our social media handles. This project was first commenced on July 22nd 2021 and is still running.

“It’s always teachers first before education”

IKIGAI

“All our dreams can come true, if we have the courage to pursue them.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), had collaborated with **Rotaract Club of Madras** as Host Club along with 3 other clubs for an online Professional Service Project called **“IKIGAI”**. This event was held on **25th November 2021** through **Zoom** meeting.

ROTARACT CLUB OF MADRAS
FAMILY OF ROTARY CLUB OF MADRAS
ROTARY INTERNATIONAL DISTRICT 3232

Happy To Collaborate With

ROTARACT CLUB OF CRESCENT
SPONSORED BY ROTARY CLUB OF MADRAS MOUNT
ROTARY INTERNATIONAL DISTRICT 3232

LUMOUS

ROTARACT CLUB OF CRESCENT
Sponsored By Rotary Club Of Madras Mount
RID 3232

IKIGAI

SPEAKER
Cathy Dsouza
CEO, CURIOSUM TECH PRIVATE LIMITED

21.11.21 7 PM zoom

RTR. ALTHAMEEZ HASAN A
PRESIDENT 21-22

RTR. SHRIMATHI
CO-CHAIRWOMAN

RTR. THIRUSHAN NR
SECRETARY 21-22

RTR. RAJKUMAR
PRESIDENT 21-22

RTR. SUMAIYA
PROJECT CHAIRWOMAN

RTR. DESOUZA
PROJECT SECRETARY

RTR. MANIARI J
SECRETARY 21-22

ROTARACT CLUB OF MADRAS
FAMILY OF ROTARY CLUB OF MADRAS
ROTARY INTERNATIONAL DISTRICT 3232
ALONG WITH

ROTARACT CLUB OF GSS JAIN COLLEGE FOR WOMAN
(SPONSORED BY ROTARY CLUB OF MADRAS)

ROTARACT CLUB OF SINDHI COLLEGE
(SPONSORED BY ROTARY CLUB OF MADRAS SOUTH WEST)

ROTARACT CLUB OF CRESCENT
(SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)

ROTARACT CLUB OF HINDUSTAN COLLEGE OF ARTS AND SCIENCE
(SPONSORED BY ROTARY CLUB OF CHENNAI CAPITAL)

LUMOUS

IKIGAI

SPEAKER
Cathy Dsouza
CEO, CURIOSUM TECH PRIVATE LIMITED

21.11.21 7 PM zoom

RTR. RAJ KUMAR A
PRESIDENT 21-22

RTR. SUMAIYA
PROJECT CHAIRMAN

RTR. DESOUZA A
PROJECT SECRETARY

RTR. MANIARI J
SECRETARY 21-22

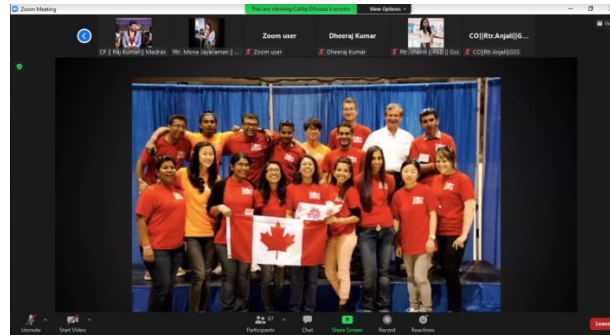
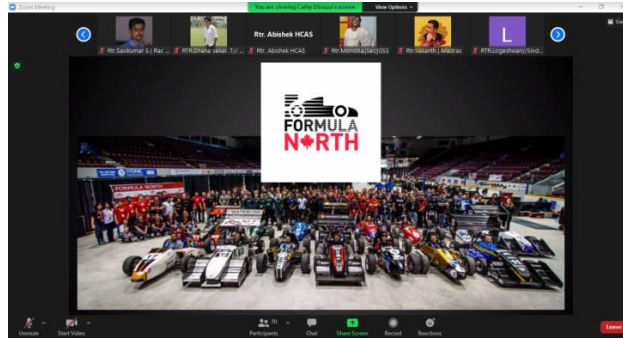
RTR. VARSHA
PROJECT CHAIRPERSON

RTR. MALINI
PROJECT CHAIRPERSON

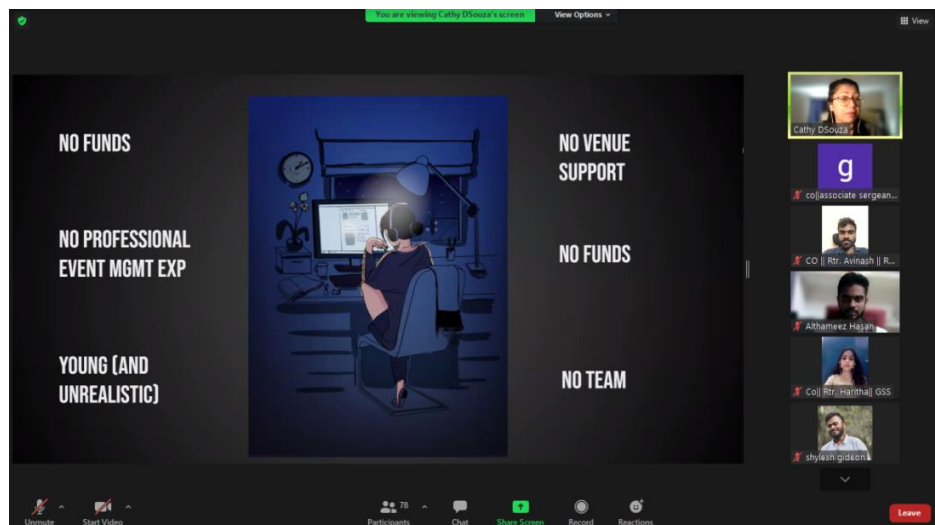
RTR. SHRIMATHI
PROJECT CHAIRPERSON

RTR. VIDYA
PROJECT CHAIRPERSON

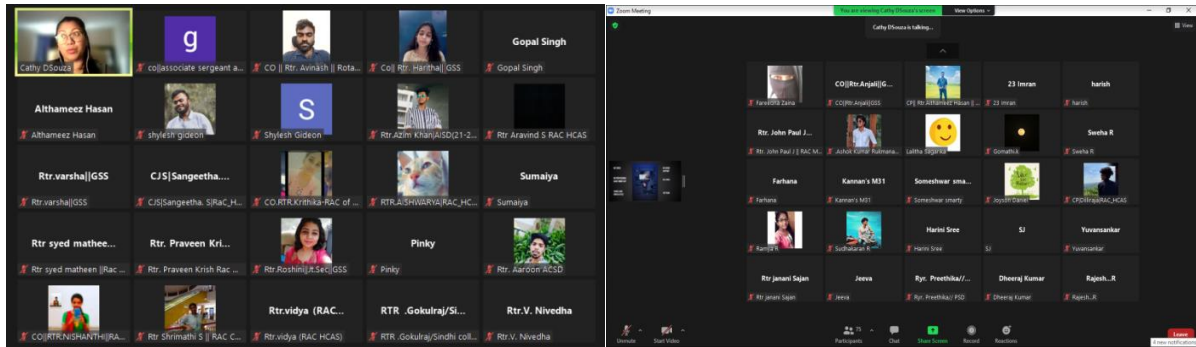
The event started at 7 PM and around 80 participants were present for the session. District Officials, Presidents and Secretaries and fellow rotaractors attended the session. Rtr. Shrimathi was the Co-Chairperson for this Project.



It was a highly motivating session by speaker **Cathy DeSouza**, CEO of Curiosum Tech Private Limited. Cathy DeSouza detailed upon how she overcame the struggles of being a woman entrepreneur and successfully achieved her dream. She also advised the fellow rotaractors on various topics like mental health, setting priorities, and self-motivation.



We are grateful to the speaker, Cathy DeSouza, for enlightening and motivating us. We thank all the District Officials, Presidents and Secretaries who attended the session. A very special thanks to the board members for giving us their full support to the event by providing their valuable time. We would like to extend our gratitude towards our fellow rotaractors who are the pillar of support for this entire project.



“Passion is the fuel behind a successful career. Do what you love and success will follow.”

INCEPTION

We the Rotaract Club of Crescent, sponsored by Rotary Club of Madras Mount (Rotary International District 3232) has organized an event 'INCEPTION' a professional service initiative. This project was done on 27th December 2021 in BSACIST.



It is an orientation program which has been conducted to non rotaractors to spread the awareness about rotaract.

We had 2 eminent speakers present to interact and conduct informative sessions. Rtr. PP. Essaki Sekar and Rtr. Pascal Xavier were the 2 speakers for our INCEPTION.



Rtn/Rtr. Sesha M Sai sir was the chief guest of the day and Dr. Karthikeyan Ramalingam being the guest of honour.

Having a welcome dance and silambam performance, the 2 sessions from the speaker made students to get a clear view about Rotaract, its benefits and everything.

“Small step towards a big future”.

IRUDHI SUTTRU

“Education is not learnt, it is shared”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“IRUDHI SUTTRU”** a Professional Service project. This project was done on 12th February 2022 through ZOOM. **The main motive of this project was to build up a fresher confidently to face the interview.** This project was hosted by Rotaract Club of SRM IST CSH Vadapalani.

The speaker explained about the job opportunities, resume making, built up confidence for the interview. Further she shared some sample questions asked in interview. Adding on it, tips were shared to crack interviews and group discussion. The session was so productive and we got a sweet fruit out of it.

“It’s always teachers first before education”

KAAGIDHAM 3.0

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event **“KAAGIDHAM 3.0”**, where we **collected the old used and used papers, notebooks, textbooks, guides, newspapers with which we planned to help disabled children.**

We collected the paper from our college premises through class campaigning, further we did campaigning in our respective streets collected papers, **dumped it in scrapshop and turned it into money to help the disabled children.**

“You feel yourself new, when you donate”

KAARIGAI

"Happiness lies in sharing, share a little amount from your total."

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event "**KAARIGAI**", in which **we planned to fulfill the bucket list of our college girls.**

Accordingly, we shared a google form to collect the bucket list wishes from girls to know their wishes. Adding to it **we taught them self-defense SILAMBAM to protect themselves from uncertain situations.**

"You feel yourself new, when you donate"

KAIZEN

"Education is not learnt, it is shared"

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event "**KAIZEN**" a Professional Service project. This project was done on 30th October 2021 through ZOOM. **The main motive of this project was to enrich students on how to crack interviews easily.**

The speaker of the day was Mr. Mohammed Haris, who briefed about the tips to crack an interview easily, with some real time examples, samples, mock interviews, expectation of a recruiter and mainly how efficient a resume should be. At the end of the session we all learnt how to build up a perfect resume which attracts the eyes of the recruiters.

"It's always teachers first before education"

KALAINAYAM

AN INTERNATIONAL SERVICE INITIATIVE

We the Rotaract Club of GCT Coimbatore (RID 3201) initiated an international service project with Rotaract Club of Crescent (RID 3232), where we reminiscence the culture of Tamil Nadu by exchanging the talents of both the clubs.

This project was held on the eve of Pongal (16th January 2022) from 2 PM to 5:30 PM so as to recollect the celebration of Pongal even in this pandemic. So, we planned a ZOOM meeting where rotaractors of both the clubs were present. Having Tamil Kaadhalan Vignesh anna as the judge of Pattimandram, we had 4 eminent speakers each from both the clubs who spoke about the topic "Thamizhar than panbattai kaathu nirkindrana? Izhanthu nirkindrana?". From the 8 speakers 2 efficient speakers were selected as the best speakers. We exchanged our **rotaractors talent by presenting a video already recorded by them. We rememorated our beautiful hand free drawing "KOLAM/RANGOLI", classical dance, monoact, the most prestigious yet prideful traditional sport "SILAMBAM", singing, musical instruments played by our rotaractors.** We had the winner's announcements of the events "EZHIL" and "OPPANAI" announced by Rtr. President. Jaishree and Rtr. President. Althameez Hasan. With the announcement of best speakers by Jury of the day Rtr. Tamil Kaadhalan Vignesh anna and with loads of memories we had our Kalainayam ended.

Date – 16/01/2022 Beneficiaries – 170+ Time – 2 PM to 05:30 PM

KAATRUKKENA VELI

“Memories are the only unerasable treasures”

We the Rotaract Club of Crescent along with Rotatract club of Madras Mount (Rotary International District 3232) has organized an event “KAATRUKKENA VELI” a Club service project. This project was initiated on 15th August (Sunday) in Broken bridge in order to interact and create Friendship with members of both the club.



In this pandemic situation, all being in online, we wished to create happiness and share memories, which would make our mind to find peace. So, we organized this event “KAATRUKKENA VELI” and Rtr. Abinaya took in charge along with club service. This session was fun-filled with immeasurable memories. We had few games with lot of fun.



A very special thanks to the board members for giving us their full support to the event by providing their valuable time. We would like to extend our gratitude towards our fellow rotaractors who were the pillar of support for this entire project.



“Let's make some memories together”



KITCHENIL ORU NAAL

“It's only the memories that remains forever”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event “**KITCHENIL ORU NAAL**” a Club service project. This project was initiated on 25th of September (**Saturday**) in Kandigai.

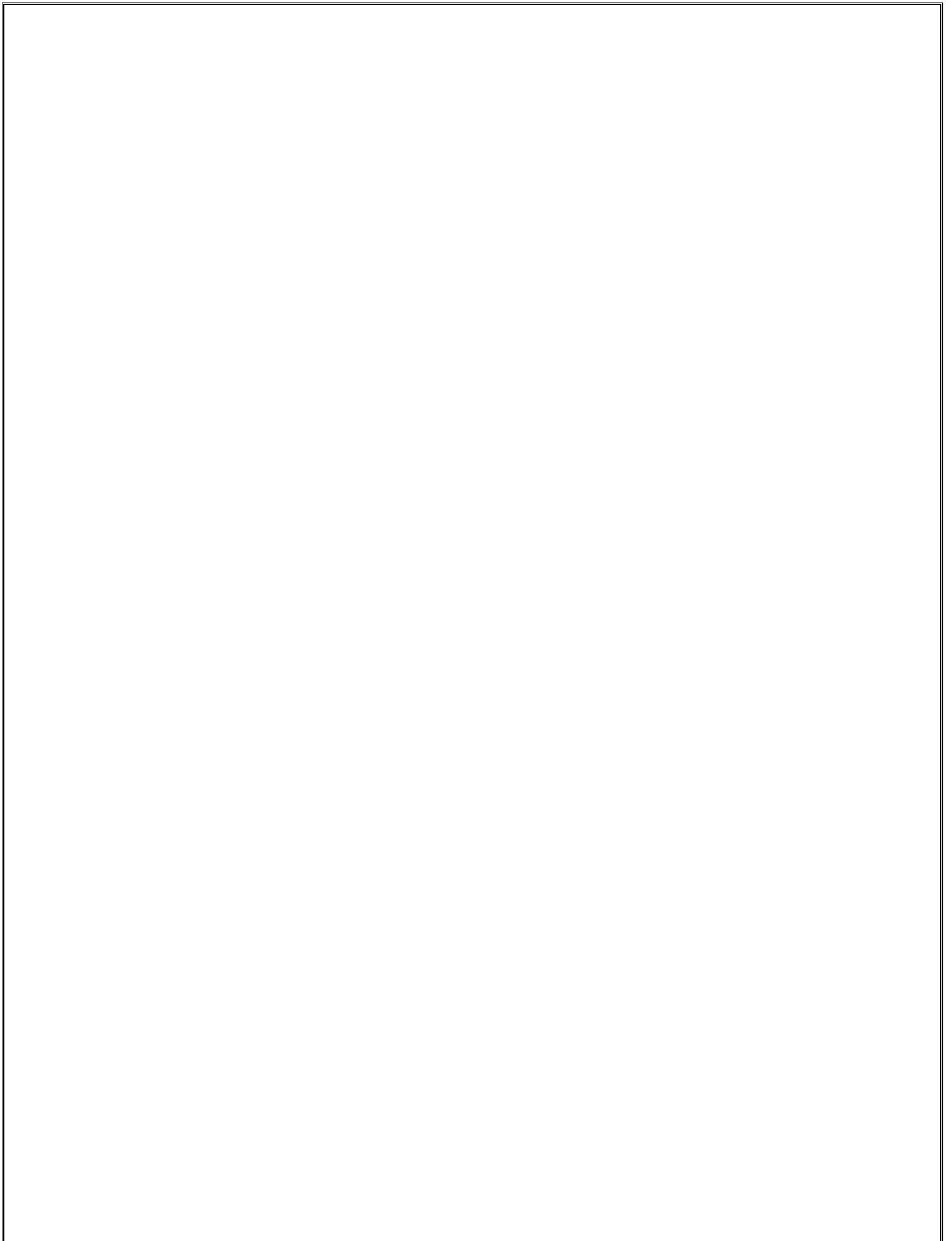
This project was an initiative to bring out the cooking skills of our club members and to reminiscence our childhood play “**KOOTANJORU**”. Each of our club member bought ingredients to cook the dish “**GWARCHA**” which is of Nepal tradition.



The place where we cooked food was too naturistic that we had a pond and mountains surrounded. We were lost into nature by gossiping, playing in the water, climbing the tree and making reels which made our friendship bond got stronger. We spent some time together by playing games and helped each other in making the recipe. Finally, we had our lunch together.



“Little moments big memories”.

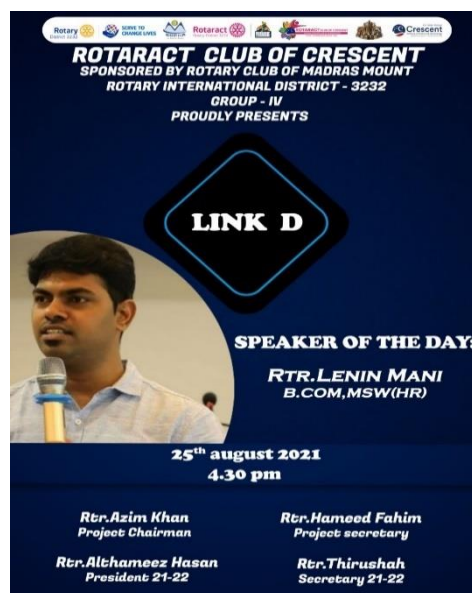
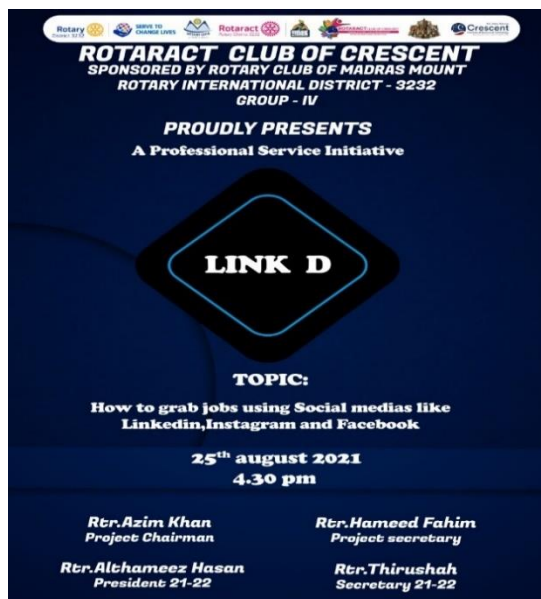


LINK D

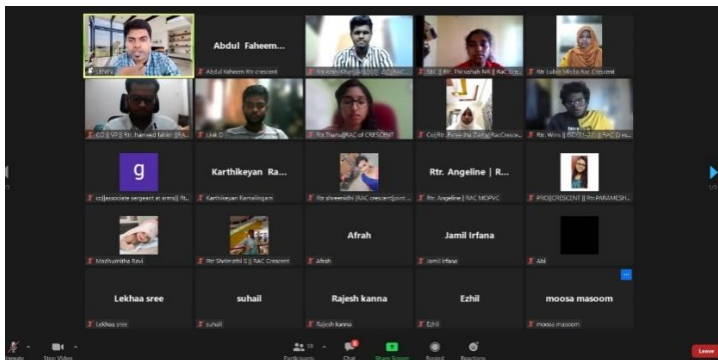
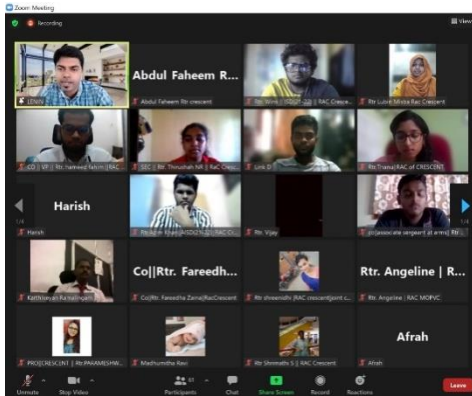
“It takes discipline not to let social media steal your time”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) had initiated a project called “LINK D” for students and job aspirants. This webinar was held on 25th August 2021 by 4:30PM through ZOOM platform.

On 22nd and 23rd August campaigning was done through social media. **The main motive of conducting this webinar was to get an idea on how to grab job opportunities using social media viz Instagram, LinkedIn, Facebook.** The speaker of the day was Rtr. Lenin Mani (B. Com, MSW(HR)) who made us enlightened with all the inputs he had. He made us realize on how productively one should use social media instead wasting whole day and night in it.



To make us more understandable, he shared us his lifetime examples. Adding to it, he shared some more real-life examples which made us to believe a lot. Finally, participants raised their questions to clear out all their doubts. We had Rtn. Dr. Karthikeyan Ramalingam, Dean Students Affairs, who made us realize the real side of using social media. We had a count of 65 participants to whom we provided e-certificate for participating.



"We don't have choice on whether we DO social media, the question is how well we DO it"

LOJ

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We, the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event “**LOJ**” a club service project. This project was hosted by Rotaract Club of Dexterous.

This project was done on 05th June 2022, with Rotaract Club of Dexterous. It's a club service event where **we played cricket and Badminton in MSR Sports Academy, Iyappanthangal. The day was totally fun filled as we got to join with fellow rotaractors for a wonderful weekend match day.**

“It's the little memories that will last a lifetime”.

MAYAKKAM ENNA

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event “**MAYAKKAM ENNA**”, a project conducted to celebrate photographers. This project was done on 30th August 2021, in Anna Tower Park from morning 8.30 Am onwards.

This is a joint project with Rotaract Club of Vishwahita, Rotaract Club of MIHM, Rotaract Club of Dream Home, Rotaract Club of Loyola, **Rotaract Club of Madras Mount, Rotaract Club of Madras Chenna Patna. The main motive of this project is to celebrate and recognize the photographers. They even had a session to enhance their photography skills from trained photographers.** The day ended with loads of memories and a memento was presented to them.

“You feel yourself new, when you donate”

MENSTRAID

"Happiness lies in sharing, share a little amount from your total."

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event "**MENSTRAID**", where we bought a **Sanitary napkin Dispensary machine along with sanitary napkins**, as a District Rotaract Council initiative.

We have fixed this machine in a government school nearby our college and keep on checking for it. The sanitary napkin which has been purchased is also set in the school.

"You feel yourself new, when you donate"

MISSILE MAN

"It is very easy to defeat someone, but it is very hard to win someone."

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) collaborated with **Rotaract Club of Dexterous** as the host club for the project "**MISSILE MAN**" with 13 other clubs as a combination of International and Community service on 15th October 2021 **in the remembrance of our former President Dr. APJ Abdul Kalam sir's birthday**.

This was a world record attempt, where 630 participants coloured an A4 sheet as allocated from where we collected merged all the 630 images together to make a poster/banner of Dr. APJ Abdul Kalam. This world record was recorded in the books of "**VIRTUAL BOOK OF RECORDS**". On 15th October 2021, by morning 10 AM the event started at Nahar Hall with the founder of **VIRTUAL BOOK OF RECORDS** and other dignitaries. The banner of Dr. APJ Abdul Kalam was launched and the citations, medals and certificates were distributed to the representatives. With a total count of 630 participants this project was made successful.

"If you want to shine like a sun, first burn like a sun."

N4 BEACH

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We, the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event “**N4 BEACH**” a club service project.

This project was done on 14th November 2021, where 10 members of our club **went to N4 beach spent a quality of time there by cracking jokes, enjoying the nature, breathing fresh air and finally a super good lunch altogether. The evening ended with loads of memories and happiness filled heart.**

“It’s the little memories that will last a lifetime”.

ONNU KOODITANGAYA

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event “ONNU KOODITANGAYA” a club service project.

This project was initiated on 22nd July, Thursday at 10.00 AM in college campus in order to interact with our new board members. In this new beginning, of the Rotary year 21-22, we felt to create and share memories with our board members. Rtr. Imran and Rtr. Parameshwari took in charge along with club service team. This session was fun-filled with immeasurable memories. Our president and secretary along with their board members took part in this event. We had few games with funny questions and they shared their memorable moments with us. We conducted couple of games titled:

1. **Mapla ivarthan aana ivar potrukka dress endhu** - In which they described their character through the things around them.

2. **Kanna kattu vannam theetu** – In which they drew the picture according to what the fellow rotaractors describes. Finally, we took a group picture to reminisce the memories in latter.

The phase 2

Here we conducted an extremely enjoying task and we had our lunch together on 1st August. Here we conducted a game called “**Kannala kadha sollu**” in which a member from the group demonstrates the given movie/ song name to the group members. After that we all had our lunch together and shared some gossips. A big thanks to our board members for giving us their full support to the event by providing their valuable time.

“It’s the little memories that will last a lifetime”.

ORU PIDI ARISI

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event “**ORU PIDI ARISI**”, where we distributed rice bags to more than 20 families residing near Uthiramerur. With the help of our college management and students of our college we were able to successfully complete the project.

Initially we collected raw rice from our college students and they turned up to give as cash too. With that **we had more than 20 rice bags of 5 kgs and provided it to people in Uthiramerur. They're the ones who are very needy and even don't own a piece land where they're residing for than 30 years.**

“You feel yourself new, when you donate”

PAATU PAADAVA

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event “**PAATU PAADAVA**” a club service project. This project was hosted by Rotaract Club of East Coast Chennai.

This project was done on 27th February 2022, **which was held to express the joy of singing. A sequence of song was listed out to the audience and those were sung by the band along with audience just grooved into the music, vibing throughout the day.**

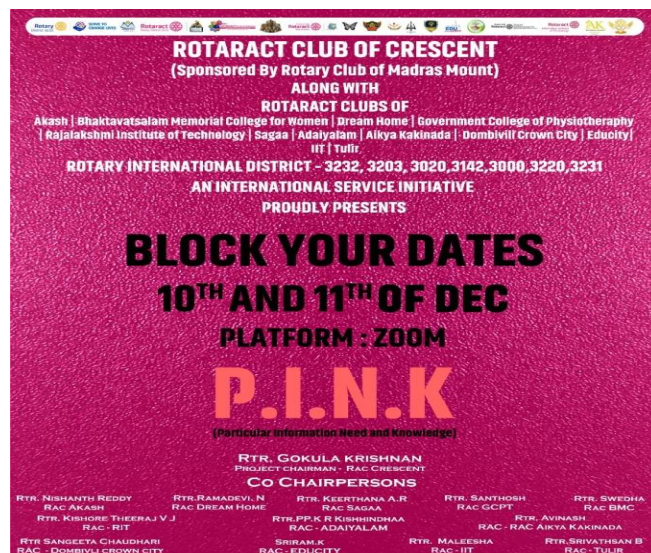
“It's the little memories that will last a lifetime”.

P.I.N.K

(Particular Information Need and Knowledge)

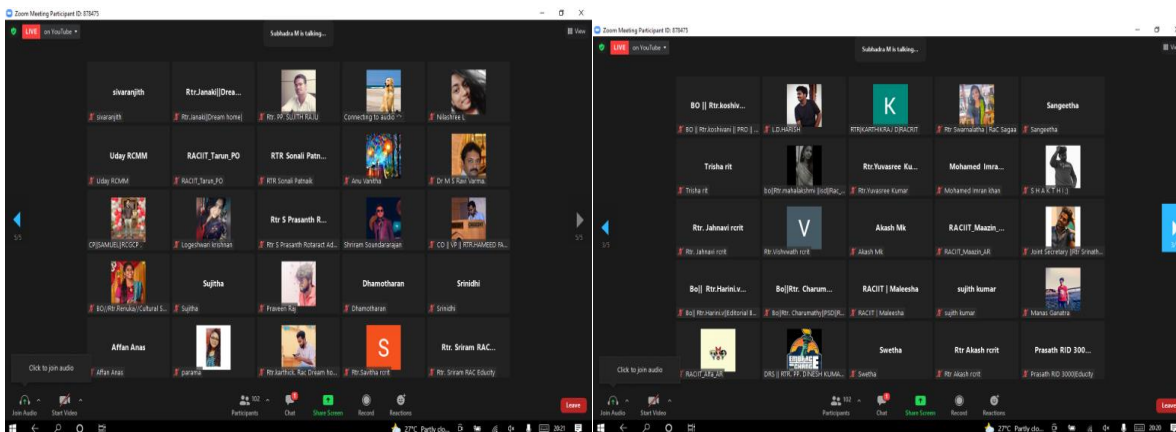
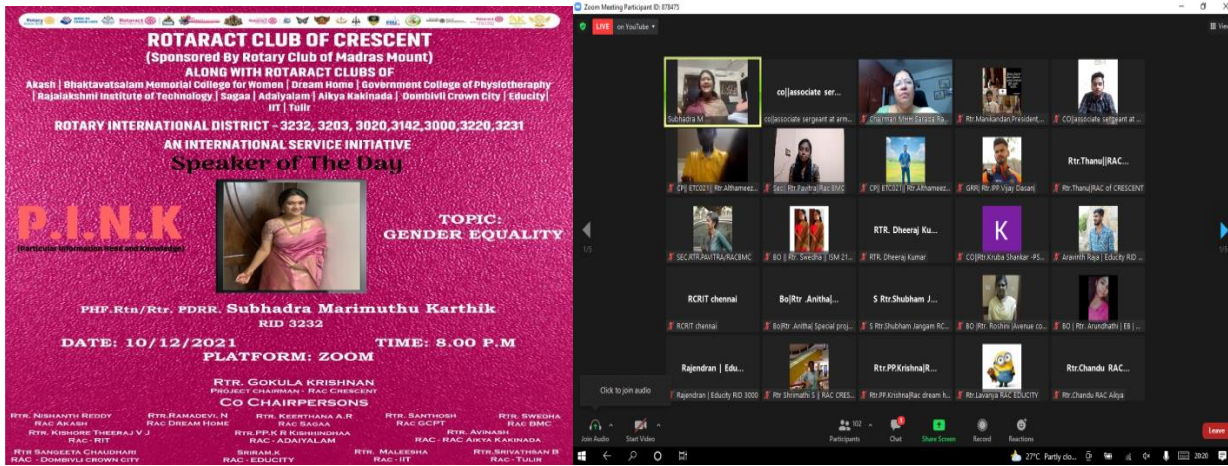
“Anything is possible with sunshine and a little pink”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District 3232) along with **12 other clubs** has organized an event “**PINK – Particular Information Need and Knowledge**”, an International service project. This project was held on **10th and 11th of December 2021**. This project was conducted to spread the awareness about the **Gender Equality, Mensural Health & Hygiene and Elevate Rotaract**. The sessions were much effective and efficient to the current day of living.



DAY -1

The first day is on **10th December 2021** where, 2 eminent speakers **Rtn/Rtr. PDRR. Subhadra Marimuthu Karthik** and **Rtn.Saradha Ramani** took sessions on **Gender Equality** and **Menstrual Health & Hygiene**. The speakers made the topic very clear and the sessions were enlightening. Total number of beneficiaries were 115.



DAY- 2

The second day is on 11th December 2021 where Rtn/Rtr. PDRR. Girish E took a session about the future of rotaract “ELEVATE ROTARACT”. His session was so knowledgeable that made everyone understandable. Total number of beneficiaries were 75.

ROTARACT CLUB OF CRESCENT
 (Sponsored By Rotary Club of Madras Mount)
ALONG WITH ROTARACT CLUBS OF
 Akash | Bhaktavatsalam Memorial College for Women | Dream Home | Government College of Physiotherapy
 | Rajalakshmi Institute of Technology | Sagaa | Adaiyalam | Aikya Kakinada | Dombivli Crown City | Educity |
 IIT | Tulir

ROTARY INTERNATIONAL DISTRICT – 3232, 3203, 3020, 3142, 3000, 3220, 3231
AN INTERNATIONAL SERVICE INITIATIVE
Speaker of The Day

P.I.N.K
 (Particular Information Need and Knowledge)

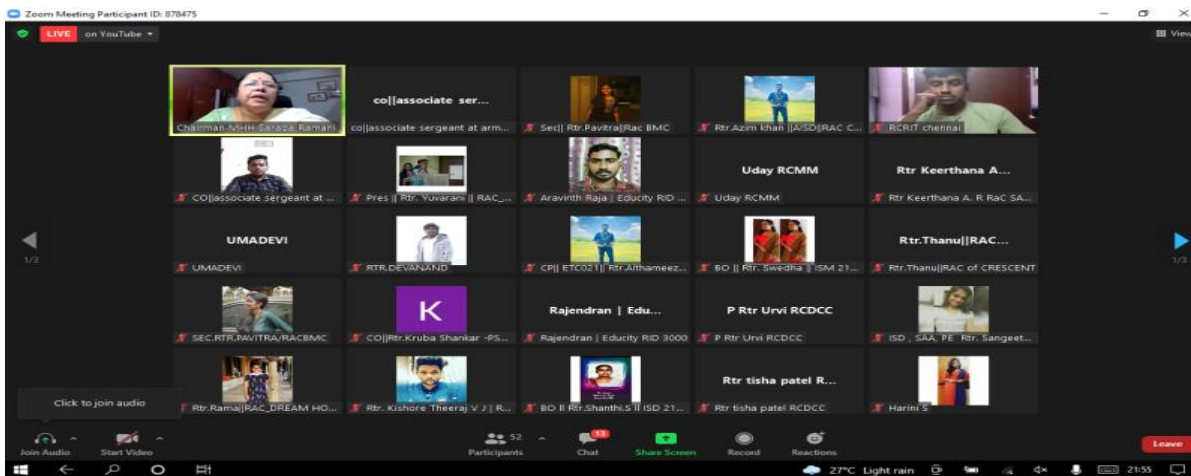
TOPIC: ELEVATE ROTARACT

Rtn./Rtr. PDRR. Girish E
 Director – Districts Development - RSAMPDIO
 RID 3232

DATE: 10/12/2021 **TIME: 8.00 P.M**
PLATFORM: ZOOM

RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN - RAC CRESCENT
CO CHAIRPERSONS

RTR. NISHANTH REDDY RAC AKASH	RTR. RAMADEVI. N RAC DREAM HOME	RTR. KEERTHANA A.R RAC SAGAA	RTR. SANTHOSH RAC GCPT	RTR. SWEDHA RAC BMC
RTR. KISHORE THEERAJ V J RAC - RIT	RTR. PP. K R KISHHINDHAA RAC - ADAIYALAM	RTR. AVINASH RAC - RAC AIKYA KAKINADA	RTR. MALEESHA RAC - IIT	RTR. SRIVATHSAN B RAC - TULIR
RTR. SANGEETA CHAUDHARI RAC - DOMBIVLI CROWN CITY	SRIRAM.K RAC - EDUCITY			












ROTARACT CLUB OF CRESCENT
 (SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)
 ALONG WITH ROTARACT CLUBS OF

Akash | Bhaktavatsalam Memorial college for women | Dream Home | Government College of Physiotherapy | Rajalakshmi Institute of Technology | Sagaa Adaiyalam | Aikya kakinada | Dombivli|Crown City | Educity4|IIT|Tulir








ROTARY INTERNATIONAL DISTRICT-3232,3203,3020,3142,3000,3220,3231

THANKS FOR COLLABORATING WITH US




Rotract club of Aikya Kakinada
 Rotary International District-3020
 Rtr.Avinash
 CO-Chairperson
 Rtr.Prathiysha Varma
 President
 Rtr.Srikanth
 Secretary

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22
 RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN RAC CRESCENT
 RTR.THIRUSHAH
 SECRETARY 21-22










ROTARACT CLUB OF CRESCENT
 (SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)
 ALONG WITH ROTARACT CLUBS OF

Akash | Bhaktavatsalam Memorial college for women | Dream Home | Government College of Physiotherapy | Rajalakshmi Institute of Technology | Sagaa Adaiyalam | Aikya kakinada | Dombivli|Crown City | Educity4|IIT|Tulir

ROTARY INTERNATIONAL DISTRICT-3232,3203,3020,3142,3000,3220,3231

THANKS FOR COLLABORATING WITH US




Rotract club of DOMBIVLI CROWN CITY
 Rotary international district-3142
 Rtr.SANGEETHA CHAUDHARI
 CO-Chairperson
 Rtr.URVI CHAUDHARI
 PRESIDENT
 Rtr. SUBHAM JANGAM
 SECRETARY

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22
 RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN RAC CRESCENT
 RTR.THIRUSHAH
 SECRETARY 21-22












ROTARACT CLUB OF CRESCENT
 (SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)
 ALONG WITH ROTARACT CLUBS OF

Akash | Bhaktavatsalam Memorial college for women | Dream Home | Government College of Physiotherapy | Rajalakshmi Institute of Technology | Sagaa Adaiyalam | Aikya kakinada | Dombivli|Crown City | Educity4|IIT|Tulir

ROTARY INTERNATIONAL DISTRICT-3232,3203,3020,3142,3000,3220,3231

THANKS FOR COLLABORATING WITH US




Rotract Club of IIT
 Rotary International District -3220
 RTR.MALEESHA
 co-chairperson
 Rtr.INDURA MAPALAGAMA
 President
 Rtr. UMESHAA SIVAKUMAR
 Secretary

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22
 RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN RAC CRESCENT
 RTR.THIRUSHAH
 SECRETARY 21-22











ROTARACT CLUB OF CRESCENT
 (SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)
 ALONG WITH ROTARACT CLUBS OF

Akash | Bhaktavatsalam Memorial college for women | Dream Home | Government College of Physiotherapy | Rajalakshmi Institute of Technology | Sagaa Adaiyalam | Aikya kakinada | Dombivli|Crown City | Educity4|IIT|Tulir


ROTARY INTERNATIONAL DISTRICT-3232,3203,3020,3142,3000,3220,3231

THANKS FOR COLLABORATING WITH US




Rotract Club of EDUCITY
 Rotary International District -3220
 RTR.SRIRAM.K
 co-chairperson
 Rtr.ARAVINTH RAJA
 President
 Rtr. S.KRISHNAN
 Secretary

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22
 RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN RAC CRESCENT
 RTR.THIRUSHAH
 SECRETARY 21-22











ROTARACT CLUB OF CRESCENT
 (SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)
 ALONG WITH ROTARACT CLUBS OF

Akash | Bhaktavatsalam Memorial college for women | Dream Home | Government College of Physiotherapy | Rajalakshmi Institute of Technology | Sagaa Adaiyalam | Aikya kakinada | Dombivli|Crown City | Educity4|IIT|Tulir

ROTARY INTERNATIONAL DISTRICT-3232,3203,3020,3142,3000,3220,3231

THANKS FOR COLLABORATING WITH US




Rotract club of Tullur
 Rotary International District-3231
 Rtr.Srivatsban
 CO-Chairperson
 Rtr.M.Mmanikandan
 President
 Rtr.Keerthana Dhyalan
 Secretary

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22
 RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN RAC CRESCENT
 RTR.THIRUSHAH
 SECRETARY 21-22











ROTARACT CLUB OF CRESCENT
 (SPONSORED BY ROTARY CLUB OF MADRAS MOUNT)
 ALONG WITH ROTARACT CLUBS OF

Akash | Bhaktavatsalam Memorial college for women | Dream Home | Government College of Physiotherapy | Rajalakshmi Institute of Technology | Sagaa Adaiyalam | Aikya kakinada | Dombivli|Crown City | Educity4|IIT|Tulir

ROTARY INTERNATIONAL DISTRICT-3232,3203,3020,3142,3000,3220,3231

THANKS FOR COLLABORATING WITH US




Rotract club of ADAIYALAM
 Rotary International District-3203
 Rtr.Sriram.K
 CO-Chairperson
 Rtr.S.Prasanth
 President
 Rtr.S.Loganayakam
 Secretary-ADMINISTRATION
 Rtr.P.Aasha
 Secretary-CORRESPONDENCE

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22
 RTR. GOKULA KRISHNAN
 PROJECT CHAIRMAN RAC CRESCENT
 RTR.THIRUSHAH
 SECRETARY 21-22

“Pink is the color of strength, a color of conviction, a color of decision making”

Project 3232

We the Rotaract Club of Crescent joined hands with Rotaract Club of New College for a New College and 62 other clubs.

PROJECT 3232 is one of the prime attempt of integrating all the thought process of Rotary & Rotaract under one roof. Our club hosting this project with 32 International District Clubs & 31 Home District Clubs of RID 3232, all together of 64 Clubs.

These 64 Clubs focus on Rotary's 7 areas + Elevate Roatarct = 8 Focusing Group functioning with 4 avenues of Rotaract. To the point, These clubs done 32 Projects covering with aforementioned Propaganda at various geographical locations globally.

Peace Building & Conflict Prevention (GROUP 1)

Project 1 - Debate On Peace Patriotism or Audacity

Project 2 - Promoting the symbols of peace with signs of V, Olive, Oil lamp

Project 3 - Wall painting of Buddha has been done in Vidhya school in 3232

Project 4 - Webinar - PDRR. Rtn. Subadhra Marimuthu

Disease Prevention (GROUPS 2)

Project 5 - Slum Clearance - Pattinambakkam & Pune

Project 6 - Disease awareness has been thought for school children in 3232

Project 7 - Cycle Rally on Polio awareness at Marina Beach

Project 8 - Webinar on Non - Communicable Disease by Child development Officer Ms. Sujatha - Govt of Tamilnadu

Water & Sanitation (GROUP 3)

Project 9 - Swachh School - cleaning in Kodambakkam, Royapettah, Luzira Africa, Matalae - Sri Lanka

Project 10 - Grant Bin - donation of dustbin at Anna Nagar Guild school

Project 11 - Webinar on Water awareness - Principal of Alpha School

Project 12 - Esaay Writing competition - Water & Sanitation PROJECT 3232

Maternal & Child Health (GROUP 4)

Project 13 - Sanitary Pad Distribution - 320 nos - Coimbatore, Royapettah, Padi

Project 14 - Video Documentary about Maternal & child health by Doctors

Project 15 - Magazine has been Released for parenting guide 32 nos.

Project 16 - Webinar on Maternal Health - Dr. Parimala Saveetha 3232

Education & Literacy (GROUP 5)

Project 17 - Arivu Thedal - Collected old books and created a Library in school

Project 18 - Career Guidance to school students at kovur, Govt School

Project 19 - Distribution of Study material to road side kids - Delhi, Ambur, Madhavaram

Project 20 - Webinar - Webcell - Usage of MS Excel - PDRR. Harish Vasana

Economic & Community Development (GROUP 6)

Project 21 - Food Provisions Distribution to Front line workers 100 kits worth of Rs. 80,000 (INR)

Project 22 - Upskill - Teaching students to fill bank Chellan at Dindugal

Project 23 - Save Economy - Distribution of Hundis to Scholl students

Project 24 - Webinar - Live Interview with Srilanka about Economic crises

Environment (GROUP 7)

Project 25 - Vidhaipoma - 1032 Seed Balls prepared at Farm Guru & Thrown at Redhills Highway

Project 26 - Elixir - Tree Plantation 180 nos at Salem, Coimbatore & Chennai

Project 27 - Tour to Sitroor - Visiting to Farm Guru & Ooty Hills

Project 28 - Webinar – Enviro

nline - DRCC. Rtn./Rtr. Sessa M Sai

Elevate Rotaract (GROUP 8)

Project 29 - Didactic - sessions on Rotaract at schools of Am jain - Chennai, Karunya - Coimbatore, Al ameen - Thirupur & Sindh - Pakistan

Project 30 - Mirth - Fellowship farewell - Zoom, Karunya school, Nawabshah Farm House & one at place of Munaar

Project 31 - Disseminate - Q & A Video about Elevate Rotaract from Rotaractors

aProject 32 - Webinar - Aggrandize - About Elevate Rotaract - Rtr. Sujana & Rtr. Essaki Sekar

PROJECT ENIGMA

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event “**PROJECT ENIGMA**”, in which we shared small stories which has moral in it which will be cumulatively binded into a book and will be soldout to the school children for enriching their knowledge.

“You feel yourself new, when you donate”

REMIX 2.0

“Education is not learnt, it is shared”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event “**REMIX 2.0**” a Professional Service project. This project was hosted by Rotaract Club of AM Jain College Shift-1 and 13 other clubs.

There were 5 different professional service sessions conducted on 5 consecutive days. All the 5 days were productive and in between we had an ice-breaking session in which MC RDK Rupali akka handled it. With all her efforts she pulled us in her way and made us to flex with her words. At the end of each day she selected 3 different person who performed well to motivate them.

“It’s always teachers first before education”

ROTAFIT

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event “**ROTAFIT**”, in which we joined hands with our parent club, Rotary Club of Madras mount and Rotaract Club of Madras Mount. The main motive of this project is to get fit. It was initially started on 15th August 2021, on the eve of Independence Day in Besant Nagar Beach with Zumba and fitness activities. On continuing further by sharing their fitness routines on 26th January 2022, at Redwood Holistic Healing Center, the second phase was conducted with Zumba, Aqua Zumba, Cycling, Exercises and more.

“You feel yourself new, when you donate”

SATURDAY NIGHT

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We, the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event “**SATURDAY NIGHT**” a club service project.

This project was done on 12th February 2022 just to groove into the music without any stress and fear after completing the routine of tightly pack of semester examinations. The Dj of the night was our very own DJ, DJ Sparrow. With just grooving into the music we shared our stories one to one.

“It’s the little memories that will last a lifetime”.

SEED VINAYAKA

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event **“SEED VINAYAKA”**, where we distributed eco-friendly Vinayaka idols to people in Koyembedu, Anna Nagar, Villivakkam and Velachery. **These eco-friendly Vinayaka idols were sold out at the price of Rs. 100 to Rs.150.** We did this project with Rotaract Club of Dexterous as host club and Rotaract Club of Madras. Using the money collected, we bought keratin biscuits for Cancer patients.

“You feel yourself new, when you donate”

SMASH WITH DEXTEROUS

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We, the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event **“SMASH WITH DEXTEROUS”** a club service project, along with Rotaract Club of Dexterous and Rotaract Club of Loyola.

This project was done on 20th February 2022 in a Badminton academy, Tambaram. **We had a friendly badminton attach and at last we played badminton.**

“It’s the little memories that will last a lifetime”.

SOLID WASTE

“Education is not learnt, it is shared”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“IMPACT OF SOLID WASTE MANAGEMENT”** a Community Service project. This project was done on 18th may 2022 through ZOOM. The main motive of this project was to explain about the impacts created by solid waste.

The speaker of the day was Ms. Ann Alexia Anra, who briefed about the solid waste, its hazards and much more. She also explained about Positive effects of source segregation. That was an informative and knowledgeable session which made us to have a clear thought about the topic.

“It’s always teachers first before education”

STRIVE (Board Officials Training Seminar)

“Train young rotaractors to bring out their prime performance”.

We the **Rotaract club of Crescent**, sponsored by **Rotary Club of Madras Mount**, (Rotary International District **3232**) had collabed with “**Rotaract Club of Green Galaxy**” as Host club along with 15 other clubs for an online board official training seminar called “**STRIVE**” for future board members to know their roles and responsibilities and how to lead a successful year. This seminar was held on “**3rd& 4th July**” through “**ZOOM**” meeting.

An insightful seminar session by seven eminent speakers, training several enthusiasts on different avenues of Rotaract club services. Throwing light on multiple ideas and opportunities, it was an impactful session, pumping the youngsters up and guiding them to make optimum use of their resource, art and skills.

We started branding from 28th July for the upcoming board members through social media by fellow rotaractors. Rtr.Azim khan.M was the co-chairman for this project. The event started on 3rd July at 5:30 P.M through ZOOM. Inauguration was done by various District officials from RID 3232.

Each session was handled by each PDRR’s and District Officials of RID 3232.

The event started with **What is Rotaract?** session by PDRR. Rtr. Prasanna Rajagopalan, followed by the Ice Breaking session by Rtr.Pascal Xavier. The Professional Service session was taken by PDRR.PHF.PP.Rtr. Subra Marimuthu. The final session for the day was handled by PDRR.Rtr.Manikandan about Community Service.

The second day 4th July, started with first session being International Service session by Rtr.PP.Aravindhan The next session was for Sergeant-At-Arms by PDRR.Rtr. Rajesh Subramanian. The next session of the day was for Club service by Rtr.Britto Manohar, followed by the final session on social media and Editorial Board IPDRR.Rtr.PP. Anbarasu. Finally, the seminar came to an end by having a valedictory session. E- citations were given to all the speakers, co-chairmen, co-chairwomen and for the Clubs.



“It’s just a small step to enlighten our lives”

We the Rotaract Club of New College along with Rotaract Club of Crescent, Rotaract Club of SIVET and Rotaract Club of SCP Jain College hosted a project titled “THAMIZHODU VILAYADU 2.0”. This project was done on 12th December 2021, through ZOOM platform where 50 teams participated in it.

Thamizhodu Vilayadu is a project which celebrates Tamil and its patrons, it is an Online Tamil game where participants can participate as a team consisting of two members. It contains 5 different rounds with a total of 50 teams, where teams with least score gets eliminated whereas the teams with high score gets qualified to the next round. The final team with highest score is considered as the winner.

1st round consists questions of puzzles or riddles, where each team receives 5 questions.

2nd round consists questions of translations, where each team gets 5 questions.

3rd round comprises questions of proverbs, where each team receives 2 questions. One question is to find the proverb and the other question is to explain the proverb.

4th round comprises questions from Thirukkural, where each team receives 2 questions. Each question must be answered by each participant.

5th round, the final round consists questions based on Tamil literature and History of Tamil.

50 teams were divided into 5 groups, each group consisting of 10 teams. First 3 rounds were held in separate breakout sessions whereas 4th and 5th rounds were held in a common platform.

The winner was chosen according to the scores they've gained. Winners and runners were announced with the scores and the event ended in a great way.

THERAPEUTIC FOODS

“Eat like your life depends on it, because it does!”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“Therapeutic Foods”** an International Service

project. This project was held from **22nd July 2021** to **31st July 2021** in **Instagram** in order to gain knowledge about medicinal foods in different regions around the World.

ROTARACT CLUB OF CRESCENT
 SPONSORED BY ROTARY CLUB OF MADRAS MOUNT
 ROTARY INTERNATIONAL DISTRICT - 3232
 GROUP-IV

PROUDLY PRESENTS

THERAPEUTIC FOODS

PLATFORM:
 INSTAGRAM

INSTAGRAM ID:
 rccrescent

DURATION OF PROJECT:
 JULY 22nd, 2021 - JULY 31st, 2021

PROJECT DESCRIPTION:

- We can share our methodologies of how we're preparing food for being immune.
- You can share your regional health recipes through posters or tutorial videos.
- We can also know how to develop our food culture naturally.
- The participating clubs will be getting e-certificates as a momentum.

RTR.FEROZ KHAN
 PRESIDENT 20-21

RTR.NEHRU
 SECRETARY 20-21

RTR.ALTHAMEEZ HASAN
 PRESIDENT 21-22

RTR.THIRUSHAH
 SECRETARY 21-22

RTR.LUBIN MISBA
 PROJECT CHAIRPERSON

RTR.GOKULA KRISHNAN
 PROJECT SECRETARY

In this project, we have combined with 2 other clubs “**Rotaract Club of Curitiba UFPR**” from (Rotary International District **4730**)in **Brazil** and “**Rotaract Club of Faridabad Aravalli**” from (Rotary International District **3011**)in **Delhi**. We had interchanged many ideas about therapeutic foods in their region through posters which contains ingredients, procedure to prepare it and benefits of the food in Instagram.

ROTARACT CLUB OF FARIDABAD ARAVALLI, RID 3011
 SPONSORED BY ROTARY CLUB OF FARIDABAD ARAVALLI
 presents

THERAPEUTIC FOOD
KADHA

Procedure

- Boil water
- Crush ginger, cloves, black pepper and cinnamon
- Once the water is boiled, add all the crushed ingredients along with basil leaves.
- Cook on medium heat for about 20 minutes.
- Strain it in glass and add honey. Your homemade kadha is ready.

ROTARACT CLUB OF FARIDABAD ARAVALLI, RID 3011
 SPONSORED BY ROTARY CLUB OF FARIDABAD ARAVALLI
 presents

THERAPEUTIC FOOD
KADHA

Items Required

- 2 cups of water
- 1 inch of peeled ginger
- 4-5 cloves,
- 5-6 black pepper
- 5-6 fresh basil leaves
- ½ tsp honey
- 2 inch cinnamon stick.

ROTARACT CLUB OF FARIDABAD ARAVALLI, RID 3011
 SPONSORED BY ROTARY CLUB OF FARIDABAD ARAVALLI
 presents

THERAPEUTIC FOOD
KADHA

Benefits

- anti-viral properties
- effective against cough and cold.
- reduces mucus in the body.
- increasing immunity
- fights against infections.
- has anti-inflammatory and antiseptic properties.

THERAPEUTIC FOODS:

Brazilian Tea Edition



Mint Tea
Chá de Hortelã

Ajuda com dor de cabeça, insônia, náuseas e é antioxidante (bom para pele).

"Helps deal with headaches, insomnia, nausea, and is an antioxidant (good for skin care)."

THERAPEUTIC FOODS:

Brazilian Tea Edition



Pau Tenente
ou Pau Amargo

Tratamento da Malária e neoplasias, e também uso do caule para náuseas, diabetes, cefaleia e problemas hepáticos.

"Treat Malaria and neoplasms, as well as the use of stem for nausea, diabetes, headaches and liver problems."

THERAPEUTIC FOODS:

Brazilian Tea Edition



Herba Mate
Chá de Mate

Aumenta a energia, protege contra infecções, auxilia o sistema imunológico, aumento na sensação de saciedade.

"Used for protection against infections, helps the immune system, increases disposition, and makes the drinker less hungry."

THERAPEUTIC FOODS:

Brazilian Tea Edition



Chamomile Tea
Chá de Camomila

"Relaxation, anxiety and anti-inflammatory."

Relaxamento, ansiedade e anti-inflamatório.

THERAPEUTIC FOODS:

Brazilian Tea Edition



Lemon Grass
Capim-cidreira

Relaxamento, ajuda com dores de cabeça e ansiedade.

"Relaxing, helps with anxiety and headaches."

THERAPEUTIC FOODS:

Brazilian Tea Edition



Guaco Tea
Chá de Guaco

Usado para diminuir tosse e por suas propriedades anti-inflamatórias.

"Used for lessening coughing and for its anti-inflammatory properties."

THERAPEUTIC FOODS:

Brazilian Tea Edition



Boldo Tea
Chá de Boldo

Melhora a digestão, efeito calmante, desintoxicante, auxilia no tratamento de gastrite.

"Improves digestion, helps to calm the drinker, used for detoxing, and helps with treating gastritis"

We have posted some posters containing the therapeutic foods in our region in our club Instagram page.

Rotaract Club Of Crescent
Sponsored by Rotary Club of Madras Mount
Rotary International District-3232
Proudly Presents

THERAPEUTIC FOODS

MUTTON SOUP

Ingredients

- MUTTON PIECES (GOAT LEG BONES)
- ONION
- TOMATO
- CHILLY
- GINGER GARLIC PASTE
- SALT
- CUMIN SEEDS
- TURMERIC
- CORIANDER POWDER
- SMALL ONIONS
- GINGELY OIL
- PEPPER POWDER

Procedure

ADD GINGELY OIL TO A PAN AND ADD CUMIN SEEDS, TURMERIC POWDER, CHILLY, ONION, GINGER GARLIC PASTE, TOMATO, MUTTON, SALT SAUTE THEM WELL TOGETHER. COOK THEM FOR 20 MINUTES IN HIGH FLAME TILL THE MUTTON IS COOKED. THEN ADD WATER AND PEPPER AND COOK FOR TWO MINUTES

Benefits

GOOD FOR COLD
GIVES STRENGTH FOR BONES
GOOD FOR WOMEN AFTER PREGNANCY PERIOD

Rtr. Feroz Khan Rtr. Alhameez Hasan Rtr. Thirushah Rtr. Nehru
President 20-21 Secretary 21-22
Rtr. Lubin Miaba Project Chairperson Rtr. Dakula Krishnan Project Secretary

Rotaract Club Of Crescent
Sponsored by Rotary Club of Madras Mount
Rotary International District-3232
Proudly Presents

THERAPEUTIC FOODS

GINGER CURRY

Ingredients

- GINGER
- GINGER GARLIC
- SMALL ONION
- GINGELY OIL
- CORIANDER SEEDS
- CUMIN SEEDS
- FENUGREEK
- TOMATO
- TAMARIND
- CHILLY POWDER
- SHREDED COCONUT
- SALT

Procedure

IN A PAN ADD GINGELY OIL AND SAUTE THE CHOPPED GINGER, CORIANDER SEEDS, CUMIN SEEDS, FENUGREEK, SMALL ONION AND GRATED COCONUT AND GRIND THEM TOGETHER.

IN ANOTHER PAN ADD GINGELY OIL ADD MUSTARD, CUMIN SEEDS, SMALL ONION, CURRY LEAVES, GARLIC, ONION COOK THEM WELL.

NOW ADD TOMATO AND CHILLY POWDER, TURMERIC POWDER, SALT, SMALL AMOUNT OF TAMARIND WATER.

NOW ADD THE GRINDED ITEMS INTO IT AND COOK IT WELL.

Benefits

ITS GOOD FOR COLD, THROAT INFECTION, HELPS US IN DIGESTIVE PROBLEMS.

Rtr. Feroz Khan Rtr. Alhameez Hasan Rtr. Thirushah Rtr. Nehru
President 20-21 Secretary 21-22
Rtr. Lubin Miaba Project Chairperson Rtr. Dakula Krishnan Project Secretary


Rotaract Club Of Crescent
 Sponsored by Rotary Club of Madras Mount
 Rotary International District-3232
 Proudly Presents
THERAPEUTIC FOODS
BLACK URAD DAL KALI
 (IN ENGLISH ALSO KALI ONLY)

Ingredients
 BLACK URAD DAL
 FLAKE SEEDS OR RAW RICE
 FENUGREEK
 SALT

Procedure
 DRY ROAST ALL THE INGREDIENTS SEPARATELY
 POWDER THEM AND SIEVE IT
 1:2 OF GROUND POWDER AND WATER MIX IT WITHOUT LUMPS
 COOK THEM IN LOW FLAMES WITH CONTINUOUS
 STIRRING WITHOUT FORMING LUMPS
 SERVE THEM WITH GINGELLY OIL, GRATED COCONUT
 AND BROWN SUGAR

Benefits
 REGULATES DIABETES
 BOOSTS BONE HEALTH
 IMPROVES HEART HEALTH
 BETTERS KIDNEY HEALTH
 NOURISHES NERVOUS SYSTEM

Rtr. Feroz Khan **Rtr. Alhameez Hasan** **Rtr. Thirusah** **Rtr. Nehru**
 President 20-21 President 21-22 Secretary 21-22 Secretary 20-21
Rtr. Lubin Misba **Rtr. Gokula Krishnan**
 Project Chairperson Project Secretary

We provided Appreciation Certificate for the clubs which took part in the Therapeutic foods project.



ROTARACT CLUB OF CRESCENT
 (Sponsored by Rotary Club of Madras Mount)
 Rotary International District - 3232
CERTIFICATE
 OF APPRECIATION
 THIS IS TO CERTIFY THAT
 ROTARACT CLUB OF **Chertibla** UPRR
 OF RID - **4730** TOOK PART ACTIVELY
 IN THERAPEUTIC FOODS AS A PART OF
 AWARENESS IN HEALTHY REGIONAL FOODS FROM
 JULY 22ND TO JULY 31ST 2021
Rtr. LUBIN MISBA **Rtr. GOKULA KRISHNAN**
 Project Chairperson Project Secretary
Rtr. ALHAMEEZ A **Rtr. THIRUSHAH NR**
 President 20-21 Secretary 21-22
Rtr. ANTHONY SILUVAI WINS
 International Service Director



ROTARACT CLUB OF CRESCENT
 (Sponsored by Rotary Club of Madras Mount)
 Rotary International District - 3232
CERTIFICATE
 OF APPRECIATION
 THIS IS TO CERTIFY THAT
 ROTARACT CLUB OF **FARIDABAD ARAVALLI**
 OF RID - **2011** TOOK PART ACTIVELY
 IN THERAPEUTIC FOODS AS A PART OF
 AWARENESS IN HEALTHY REGIONAL FOODS FROM
 JULY 22ND TO JULY 31ST 2021
Rtr. LUBIN MISBA **Rtr. GOKULA KRISHNAN**
 Project Chairperson Project Secretary
Rtr. ALHAMEEZ A **Rtr. THIRUSHAH NR**
 President 20-21 Secretary 21-22
Rtr. ANTHONY SILUVAI WINS
 International Service Director

“The healing comes from the nature and not from the physician”

THUNINTHEZHU

“Freedom lies in being bold”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event “Thuninthezhu” a Community Service project. This project was initiated on 1st of July, 2021 (Thursday) at 4.30 PM in Zoom.

ROTARACT CLUB OF CRESCENT
SPONSORED BY ROTARY CLUB OF MADRAS MOUNT
ROTARY INTERNATIONAL DISTRICT 3232

PROUDLY PRESENTS
A COMMUNITY SERVICE
INITIATIVE

துணிந்தெழு

TOPIC: AN AWARENESS TALK ON
SOCIAL MEDIA SECURITY AND CHILD ABUSE

DATE: JULY 1ST, 2021 TIME: 4.30 P.M

PLATFORM : ZOOM
MEETING ID: 976 821 4698
PASSCODE: 026192

RTR. ABINAYA A.V
CHAIRPERSON

RTR. SHREENIDHI .S
PROJECT SECRETARY

RTR. FEROUZ KHAN RTR. ALTHAMEEZ RTR. THIRUSHAH RTR. NEHRU M
PRESIDENT 20-21 PRESIDENT 21-22 SECRETARY 21-22 SECRETARY 20-21

ROTARACT CLUB OF CRESCENT
SPONSORED BY ROTARY CLUB OF MADRAS MOUNT
ROTARY INTERNATIONAL DISTRICT 3232

PROUDLY PRESENTS

துணிந்தெழு

SPEAKER OF THE DAY

DR. TAMIZHARASI SIVAKUMAR
M.COM., B.ED., M.PHIL

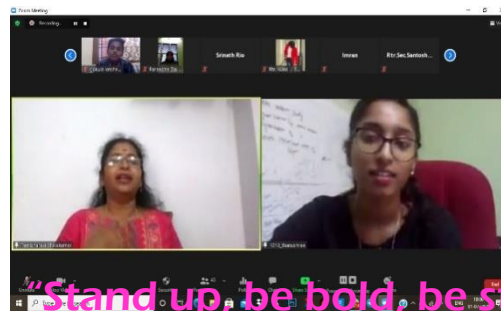
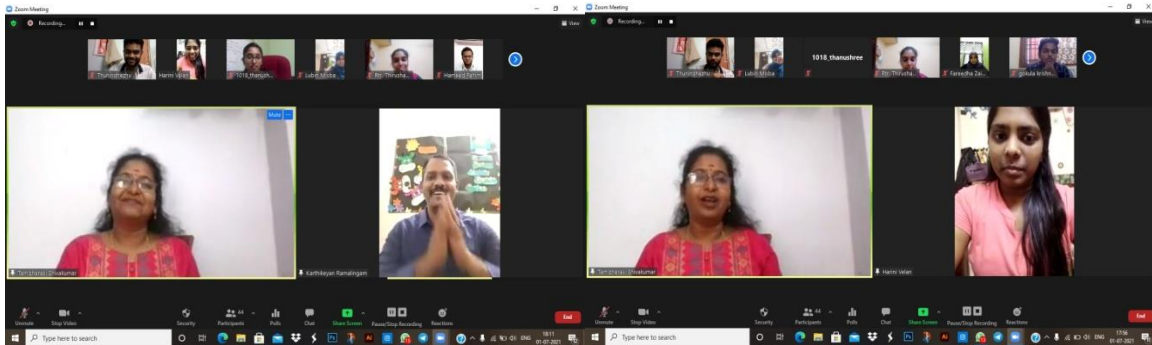
RTR. ABINAYA A.V
CHAIRPERSON

RTR. SHREENIDHI .S
PROJECT SECRETARY

RTR. FEROUZ KHAN RTR. ALTHAMEEZ RTR. THIRUSHAH RTR. NEHRU M
PRESIDENT 20-21 PRESIDENT 21-22 SECRETARY 21-22 SECRETARY 20-21

On 29th June, 2021 campaigning was done through social media by our fellow rotaractors. In this pandemic situation, we want to create and share awareness about social media security, women's safety, child security, so, we organized this event “Thuninthezhu” through online. In order to that we had an educationalist, motivational speaker Dr.Thamizharasi Sivakumar as the speaker of the day. Rtr. Abinaya took incharge along with community service team.

We invited our fellow rotaractors, school students and women to take part in this event. Very special thanks to our board members for giving us their full support to the event by providing their valuable time. Also, we would like to thank our fellow rotaractors who are the pillar of support for this entire project.



"Stand up, be bold, be strong"

TRADITIONAL EXCHANGE

“Tradition is not to preserve ashes but to pass on the flame”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) has organized an event **“TRADITIONAL EXCHANGE”**, an International service project. This project was held on **25th September 2021**. This project was conducted to **understand the traditions and culture of people around the world**.

In this project we combined with another club from **Nepal**, **“Rotaract Club of Nepal National Hospital, Kathmandu”**. In this project we had a food exchange that is **making each other’s traditional foods** by sharing ingredients and recipe. We shared our Tamil Nadu traditional food **Pongal and Coconut Relish**. They shared their traditional food **Gwarcha**.



We had our club members cooking skills popping out as they got immersed in the process of cooking. The day was totally fulfilled which would always be an unerasable memory for lifetime. Starting from chopping the vegetables to cleansing the utensils we had a great bond where everyone was involved in each part of the work we did. Kneading the wheat dough was the best part of our cooking as everyone’s hand was laid in. the final outcome was totally different than we expected.



“Culture grows on the vine of tradition”

TREKKING

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We, the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event **“TREKKING”** a club service project.

This project was done on 12th February 2022 with our club members. We all went to trekking in a place nearby padur and tambaram. After trekking everyone went out for a good yummy lunch to fill our tummy.

“It’s the little memories that will last a lifetime”.

TRUTH OR DARE

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We, the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event **“TRUTH OR DARE”** a club service project with Rotaract Club of AM Jain College Shift-1.

This project was done on 21st November 2021. Both the club members combined in Semmozhi park for playing Truth or Dare. With interesting dare and truth the day was filled with joyous emotions.

“It’s the little memories that will last a lifetime”.

VACCINATION DRIVE

“Vaccines are the tugboats of preventive health”

We the Rotaract Club of Crescent, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), supported the Greater Chennai Corporation on successfully completing the first Mega Vaccination drive, which was held on 12th September 2021 from morning 7 AM to evening 4 PM.

As the Chief Minister of Tamil Nadu had announced about the Mega Vaccination Drive on 12th September 2021, in which 25 lakhs plus people have to be vaccinated on that day in all over Tamil Nadu, the target for Chennai was set up to 3 lakhs people. This was brought to the notice of Rotary District 3232. From Rotary and Rotaract various clubs took part in this mega vaccination drive. As it is a well-known fact that Rotary and Rotaract was one main source and reason to end polio. Again Rotary and Rotaract was a belief to make it spread larger and wider. Rotaractors of various clubs initiated themselves in volunteering in this Mega Vaccination Drive. As a part of it, 10 rotaractors of our club volunteered ourselves in this vaccination drive. We made entry of the people and their details who got vaccinated on that particular day. 2 rotaractors went to 5 different places where vaccination camp was located to collect the details of how many people got vaccinated at equal intervals of time. We even pulled people to get vaccinated by advertising (issuing pamphlets) and campaigning. We had a count of more than 1800 people getting vaccinated their 1st and 2nd dose. That was one day in which we gained a lot of experience. We thank our Greater Chennai Corporation, Government of Tamil Nadu and District Rotaract Council for lending us this great opportunity. We thank our fellow rotaractors without whom this wouldn't be a great success.

“Small acts, when multiplied by millions of people, can transform the world”

VAWEZ

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event “**VAWEZ**”. Vawez 2022 is a cultural fundraising event for installing mist spray nozzle faucets which help bring down the water wastage by 60 to 80%. We have organized this grand cultural event to **SAVE WATER** for our future and it's our responsibility too. With the help of this event, we are going to start this initiative in government schools in and around Chennai. Vawez 2022 – The grand cultural event was held on 24th April 2022 at Santhome Higher Secondary School Auditorium, Mylapore, Chennai with more than 3500+ audience. Rtr. PP. Shivananth is the Chairman of this grand cultural event of the year and we have collaborated with 21 college-based clubs for this cultural event Vawez 2022.

The wonderful sponsors for our event were the Rotary Club of Madras Industrial City, Farm Guru, SBLT travels, Patchouli Owl, Coning Shawarma, JRK Distributors, and Priya bakes. The grand event started with a wonderful welcome dance performed by the Rotaract club of Dr.MGR-Janaki College of Arts and Science for Women. The inauguration of Vawez 2022 started with the presence of District Governor (RID 3232) Rtn. Sridhar J is the Chief guest and District Secretary (RID 3232) Rtn. Ravishankar is the guest of honor. Vawez 2022 has various celebrities like Mr. Roboshankar, Mrs. Kalamaster, Mr.Wilspat, Mr.Kanmani Sekar, and so on. The day ended with valedictory and we had the President of the Rotary Club of Madras Industrial City Rtn. Sateesh Kumar V S and District Rotaract Council Chairman Rtr. / Rtn. Sesha M. Sai as the guest for valedictory. The Vawez 2022 has felicitated all the host clubs, co-chairpersons, and members who worked on all committees and we have felicitated the Rotaract Club of JHA Agarsen College as the overall winner of Vawez 2022 and various prizes were distributed to other winners. The auditorium is filled with full of happiness and enjoyment from the audience. Vawez 2022 never disappointed the audience in any way and the main reason for making this event for raising funds; Vawez 2022 has raised 5.19L and we are having 1.40L for the accomplishment, we have planned for the accomplishment by the third week of June 2022.

“You feel yourself new, when you donate”

VISIL 2.0

“Memories are timeless treasures of the Heart”

We meet a lot of people in the journey of life but there are only a few who leave a mark on us. We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized an event "**VISIL 2.0**" a club service project.

From the time we used to rush from our school classrooms to the ground for PT period till now games have always been an important part of every human's life. The moments and experiences are unforgettable. "VISIL-Back to School Days 2.0" is proudly presented by the Rotaract Club of Vishwahita (sponsored by the Rotary Club of Madras Industrial City) to commemorate such memories. The major goal of this project was to rekindle memories and happiness from school days. Our club, along with 11 other co-host clubs, kicked off the event at 9:30 a.m. on February 27th.

Individual and group games, each with ten games, are included in this event. Around 350+ Rotaract members took part, representing a variety of clubs. The games began at 10:00 a.m. and lasted until 6:00 p.m. Following that, we held a valedictory and awarding of prizes to all of the winners and runners. Later, the Rotaract Club of Vishwahita honours all of our co-host clubs, co-chairpersons, and committee heads for their invaluable contributions to the project's success.

“It’s the little memories that will last a lifetime”.

WALKIE TALKIE

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**) organized a project named “**WALKIE TALKIE**” a community service initiative.

Walkie Talkie was an one-week project, from 10th October 2021 – 17th October 2021, in which we asked the participants to reach the target of 1050 steps i.e., 800m. This was conducted in different phases. On 11th October 2021, around 50 students participated in this rally which was conducted in Plantation Park. On 13th October 2021, around 60 students participated in this which was conducted in Vandalur Zoo. This project was planned to create awareness about World Mental Health Day and National Walk in the Park Day. We collected Rs. 100 from the participants so as to provide them certificate, medals and the remaining amount was used to buy medicines for hyper children. We distributed pamphlets to the public so as to drag some attention and make them understand about what World Mental Health Day defines and why it has been a noticeable day.

WORLD ROTARACT WEEK

“Happiness lies in sharing, share a little amount from your total.”

We the **Rotaract Club of Crescent**, sponsored by **Rotary Club of Madras Mount** (Rotary International District **3232**), organized an event “**WORLD ROTARACT WEEK**”, is a district Rotaract Council project in which we joined hands with them. It is conducted to celebrate the founding day of Rotaract. Project are done based on the 7 area of focus. This project was done between 7th March 2022 – 13th March 2022. Starting from Inauguration on 7th March 2022 to Valedictory on 13th March 2022 in DonBosco we did projects such as sapling plantation, blood donation, importance of education, sanitation, maternal health.

“You feel yourself new, when you donate”

OFFICE OF STUDENT AFFAIRS
National Unity Day

As per the directions of the National Implementation Committee (NIC), Ministry of Culture, Government of India, **National Unity Day** is celebrated in India on **31 October** to mark the **birth anniversary of Sardar Vallabhbhai Patel** who had a major role in the political integration of India.

This event was organized by the **Office of Student Affairs, B.S.Abdur Rahman Crescent Institute of Science & Technology**.

An exhibition displaying the contributions of “**Sardar Patel - The Architect of Unification**” was inaugurated by our Honorable Vice-chancellor Prof Dr. A. Peer Mohamed and Registrar Dr. N. Raja Hussain in the presence of Dr. Karthikeyan Ramalingam, Dean Student Affairs, Dr. Shaheedha Deputy Dean Student Affairs, Dr. M. Abdur Rahman, Assistant Dean Student Affairs & Dr. Ayub Khan at the ground floor of the convention center building. The inauguration was followed by a very interesting session where students gave inspiring talks on the contributions of Sardar Patel in unifying the princely states of our great nation.

This exhibition was attended by thousands of students and it was on display until 2nd November 2022. Later hundreds of students were made **to take an oath on upholding the strength, unity and security of our nation**. Following the oath taking event, more than thousand Crescent students participated in the Unity run which was flagged off by our respected Registrar Dr. N. Raja Hussain.

The photos of the National Unity Day (Rashtriya Ekta Diwas) event is attached herewith.







Partition Horrors Remembrance Day

When the nation Completes 75 years of Independence, we displayed an exhibition (Photos) of “Partition Horrors Remembrance Day”. The exhibition was inaugurated by our Honorable Vice chancellor, Registrar, Senior General Manager and LT. Col. Mr. Murugan.





TEAM MEMBERS - OFFICE OF STUDENT AFFAIRS



Dr. KARTHIKEYAN RAMALINGAM

Dean, Student Affairs & Chief Proctor (Discipline)



Dr. S.M. SHAHEEDHA

Deputy Dean (Student Affairs)



Dr. M.ABDUR RAHMAN

Assistant Dean (Student Affairs-Male)



Ms. J. KHILAFATH

Senior Sel. Gr. Assistant



Mr. S. SIDDIQ ALI

Supporting Staff

