

## **17.3.3 b – Progress against SDG3 - Health Support System**

### **Medical Centre:**

A healthy body and a sound mind are the mainstays of academic and personal excellence. For the benefit of students, the institute has a health centre that is operational 24x7 with additional 8 bed in-patient facility and an ambulance. Two resident doctors, one male and one female, are ably supported by qualified paramedical staff to ensure smooth operations. A specialist doctor makes weekly visits to the hostel. The institute also has a tie-up with AG Hospital, Tambaram, for emergencies.

### **Crescent Professional Counseling Centre**

#### **About Counselling:**

- Therapeutic process that occurs when a client and counsellor set aside time in order to explore difficulties which may include the stressful or emotional feelings of the client.
- Helping the client to see things more clearly, possibly through different view-point. This can enable the client to focus on feelings, experience or behavior, with a goal to facilitating positive change.
- A relationship of trust. Professional counselor will usually explain their policy on confidentiality, they may, however, be required by law to disclose information if they believe that there is a risk to life.

#### **Counselling and Psychotherapy:**

- Both counseling and psychotherapy are terms that are used to describe the same process. Both terms relate to overcoming personal difficulties and working towards positive changes.
- Counselling is a helping approach that highlights the emotional and intellectual experience of a client, how a client is feeling and what they think about the problem they have sought help for.

- Whereas psychotherapy is based on the psychodynamic approach to counseling it encourages the client to recall past experiences and explore how these experiences affect their current 'problem'.
- A Psychotherapist therefore helps the client to become conscious of experience which they were previously unaware of. Counsellors ,however are less likely to be concerned with the past experiences of the client and are generally trained in a humanistic approach using techniques from client-centered therapy.

**Role of Counsellor:**

- The role of the counselor is to enable the client to explore many aspects of their life and feelings, by talking openly and freely.
- The counselor gives the client a liberty to express difficult feelings such as anger, resentment, guilt and fear in a confidential environment.
- Effective counseling reduces confusion, allowing the client to make effective decisions leading to positive changes in their attitude and / or behavior.
- The ultimate aim of counseling is to enable the client to make their own choices, reach their own decisions and to act upon them accordingly.



CRESCENT MEDICAL CENTRE

# FACILITIES IN MEDICAL HEALTH CENTRE

## MALE MEDICAL WARD



## FEMALE MEDICAL WARD



Male Ward = 10 Beds, Female Ward = 4 Beds, Isolation Ward = 6 Beds, Total 20 Beds





For Highly Contagious And Communicable Diseases Like  
Chicken Pox, Viral Conjunctivities Treated With  
Accomodate Of 8 Beds.

# 24 x 7 - EMERGENCY SERVICES

- Various Febrile Illness*
- Acute Gastroenteritis*
- Hypoglycemia*
- Chicken Pox*
- Conjunctivitis*
- Allergic Manifestation*
- Various Fungal Infection*
- Various Causes Of Abdominal Pain*
- Dysmenorrhea*
- Hypotension*
- Giddiness*
- Symptomatic Tachycardia*
- Insect Bites*
- Anxiety*
- Malingering*
- Hysteria*
- Wound Management*
- Dental Caries*
- Various Causes Of Ear Pain*
- Apthous Ulcers*
- Urinary Tract Infection*
- Dehydration*
- Fractures*
- Contusion*
- Hypertension*
- Anaphylactic Shock*
- Acute Coronary Syndromes*
- Seizures*
- Bronchial Asthma*
- Pulmonary Edema*
- Various Causes Of Headache*

# EQUIPMENT IN MEDICAL CENTRE

- ❖ CARDIAC MONITOR
- ❖ PULSE OXYMETER
- ❖ ELECTROCARDIOGRAM
- ❖ SUCTION APPARATUS.
- ❖ AUTOMATED ELECTRIC DEFIBRILLATOR
- ❖ EMERGENCY TROLLEY.
- ❖ ALL SUTURING KIT
- ❖ AUTOCLAVE MACHINE
- ❖ LARYNGOSCOPE/AMBU BAG
- ❖ NEBULIZER
- ❖ OTOSCOPE
- ❖ IR THERMOMETER

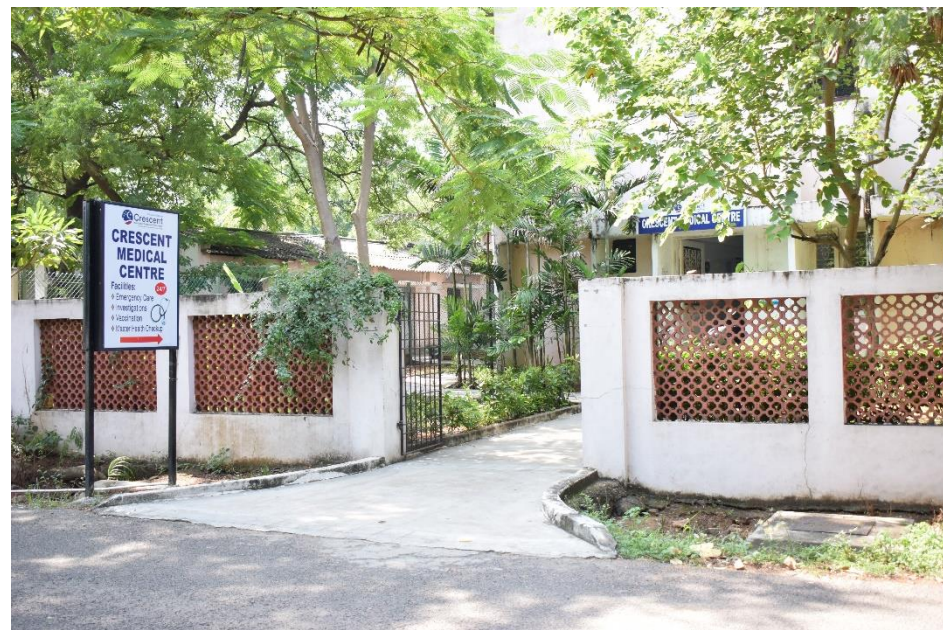


# AMBULANCE SERVICES

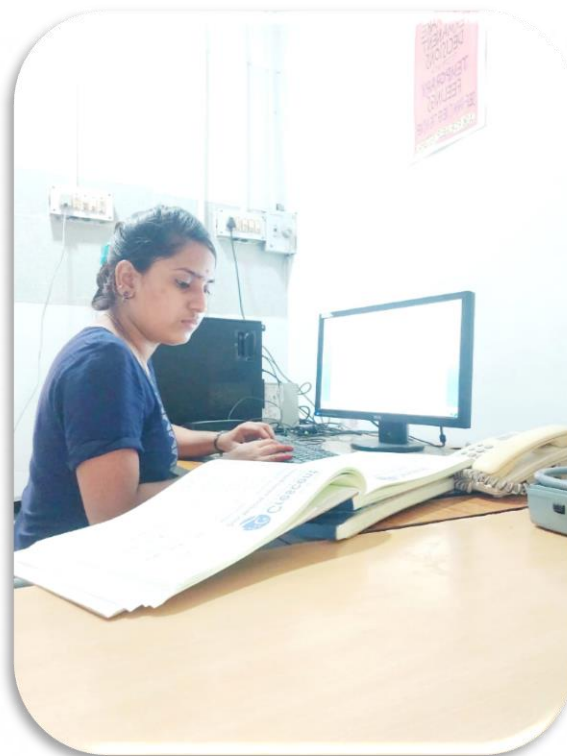
- ❖ *24 Hours Ambulance Service Available For Inpatients Students As Well As For Referral.*
- ❖ *Ambulance With Fully Equipped Emergency Medicines And Oxygen Cylinder(30 Litres capacity)*











# MASTER HEALTH CHECK - UP



- Routine Health Check Ups.
- Also Done For High Risk Students And Staffs.
- Yearly Health Check Up And Vaccination For Food Handlers.
- All Type Of Blood Investigation Available With NABL Accredited Out Sourcing Lab.

# immunizations



All Type Of Immunization Available For Students, Children And High Risk Groups.



## Notable Patients

March 2019

- Alleged history of h/o road traffic accident out side the campus, A MALE STUDENT B.Tech (auto) 2<sup>nd</sup> year (170101601020) with head injury and laceration, Mr.Imran 20yrs/M B.Tech (auto) 2<sup>nd</sup> year (170101601016) injury over right knee, treated in our medical centre with suturing and supportive measures on 02.03.2019 at 3:30pm. Further follow up done with imaging study of CT brain and found to be normal. Discharged stable.



## August 2019

- **A MALE STUDENT b.sc (comp. Science) 1<sup>st</sup> year** on 01.08.2019 at 5:00pm history of **injury to lower lip while playing foot ball**. Severe laceration 3 x 2 x 1cms deep. Suturing done with follow up. Wound healed without scarring and necrosis.



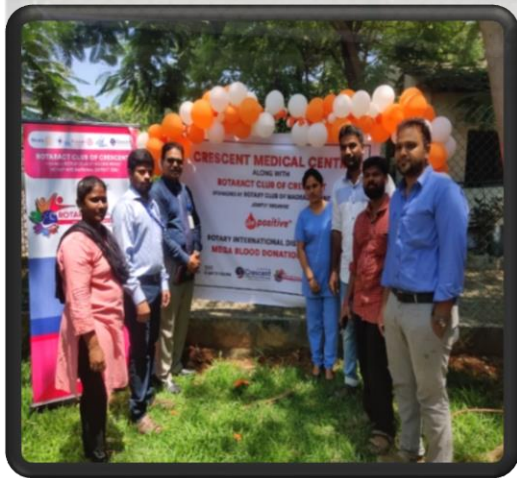
- **A MALE STUDENT, Arabic College first year** roll no.1948 at 27.08.2019 at 10:30 pm history of slip and fall in toilet, with **deep lacerated wound 5 x 2 x 1 cms** in right ankle. Suturing done with follow up. Wound healed well with minimal scarring.



## Notable events for the year 2019

- **7th April 2019 - YEP 219 (2nd Youth Education Program)**
- **1st August 2019 - DEWORMING & IMMUNIZATION OF ALL FOOD HANDLERS OF CANTEEN**
- **29th August 2019 - BLOOD DONATION CAMP (Rotaract Club)**
- **30th August 2019 - ANNUAL HEALTH CHECK FOR STUDENTS**
- **14th & 15th September 2019 - FIRST AID SUPPORT CRICKET MATCH**
- **25th September 2019 - WORLD PHARMACISTS DAY**
- **22nd October 2019 - CRESCENT CARNIVAL**
- **25th October 2019 - DENGUE AWARENESS PROGRAM**











## COVID-19 PREVENTIVE MEASURES & GENERAL HEALTH CHECK UP FOR ALL EMPLOYEES

As a part of COVID 19 Prevention, Medical Health Check Up was Initiated from 07-09-2020 to 18-09-2020 for all employees. They were checked for COVID 19 symptoms and suspected employees were sent for RT-PCR test and further follow up done for them.

Total Of 363 Employees were screened and various medical illness were identified. Detailed medical report was made.





## **CODE OF CONDUCT FOR STUDENTS (GENERAL)**

- The students shall nurture and ensure a dynamic academic, cultural and social atmosphere which is in accordance with the core values of the institution.
- The students shall treat all other students, faculty members, staff, visitors and any other members of the public with respect, dignity, impartiality, courtesy and sensitivity.
- The Student shall be conversant with the rules and regulations of the Institution.
- All students shall practice a decent and formal dress code as instructed by the Institution.
- All students shall maintain discipline in the class and maintain the decorum while dealing with the fellow students, teaching, non teaching staff.
- All students must display their identity cards when available within thin the campus and also whenever asked for by any security personnel of the Institute.
- The students shall act ethically and honestly in the preparation, conduct, submission and publication of academic work, and during all forms of assessment, including formal examinations, informal tests and lab exams.
- The students shall strive hard to discharge the duties and targets assigned to them.
- The students shall not become involved in any form of ragging within or outside the Campus.
- The students shall not possess/consume any narcotics or alcohol within the campus.
- **Smoking in the campus is strictly prohibited**
- The students shall not indulge in any act of indiscipline as defined in rules and regulations of the Crescent Institute of Science & Technology.
- Students shall not damage or destruct any Institute properties.
- Student shall not discriminate any other fellow student based on the caste, creed, language, and place of origin, social and cultural background.

## **IMPORTANT GUIDELINES FOR ALL STUDENTS**

The following acts will be construed as acts of indiscipline and punishable under the Disciplinary rules of the Institute. Students are instructed not to get involved in any of these acts.

1. **Ragging**. Indulging in Ragging Activities or abetting ragging (As defined In the Ragging Act.)

2. **Dress Code**. Not adhering to the dress code (Male students: long hair, faded jeans, skin hugging clothing, T-shirts, Bermudas, short pants, Bathroom slippers, Track suit lowers, Different colour hair dyes, multi coloured apparels. Visible tattoos, ear studs, etc., are not permitted).

All students will wear shoes.

Female students are requested to wear Salwar Khameez /Kurta with Dhuppatta /head scarves in proper manner. Bathroom slippers are not permitted. No tight fitting cloth are allowed.

3. **Display of Institute ID**. Not wearing the Institute identity card within the campus in prescribed manner.

**4. Punctuality.** Coming late to class room, missing classes, remaining absent from classes for more than three days without prior information / permission. Staying in hostel room during Academic hours.

**5. Absence from Academic Activities.** Unauthorisedly remaining absent from the class, test or examination or any other curricular or co-curricular Activity which he / she is expected to participate in. Leaving Institute during working hours without valid permission.

**6. Examinations.** Indulging in copying or other malpractices in the Continuous Assessment Tests / End-Semester Examination / Substitute Examination / Practical Examination of the Institute.

**7. Unauthorised Activities.** Representation in intercollegiate seminars & Cultural activities without permission. Unauthorized usage of the Institute's name whilst planning/participating in private picnics / parties / Get-togethers etc.

**8. Disruption.** Causing disruption in any manner in the academic Functioning of the Institute system like:-



(a) Loitering outside classroom,

(b) Behaving in rowdy, intemperate or disorderly manner in the

Premises of the Institute as the case may be ,Encouraging or inciting

Any other person to do so.

(c) Indulging in or encouraging any form of disruptive activity

connected with tests, examinations or any other activity of the

Institute or the School/ Department, as the case may be.

(d) Disturbing class room lectures/ Lab work by gossiping / making

noise etc.

(e) Unruly / noisy behavior in organized events seminars /

International Conference / convocation / events / placement seminar

/ admission seminar.

9. **Cyber Crimes.** Hacking Institute data center / sending obscene /

communal/ hate/ messages with criminal intent.

10. **Use of Mobile Phones.** Usage of Mobile or any other form of mobile

Communicating devices during academic hours in class rooms/ Labs /

Examination Hall/ Auditorium.

11. **Unbecoming Conduct.** Misbehavior / disrespectful behavior, Physical assault or threat to use physical force against any member of the Teaching and Non-teaching staff of any School / Department / Institution, Security Staff , against fellow students and Police/public within or outside the premises of Crescent Institute of Science & Technology and its departments.

12. **Discrimination & Intolerance.** Creating discord, ill-will or intolerance Among the students on sectarian or communal grounds or inciting any Other student to do so; Discrimination against any student or a member Of staff on grounds of caste, creed, language, place of origin, social and Cultural back ground or any of these.

13. **Undesired Activities.** Smoking, use of narcotics, possession and Consumption of alcoholic beverages. Use of drugs or other intoxicants Except those prescribed by a qualified doctor. Gambling in any form.

14. **Any Act against Women** Any act whether verbal or otherwise involving violation of the status, dignity and honour and is derogatory

to women. Eve Teasing, Accosting, Molesting, Using intemperate/abusive language, making suggestive obscene gestures , sending e mails/ what's app messages /MMS to female students or teachers.

15. **Indecent Behavior.** Indulging in mob driven misbehavior like whistling, cat calls, uttering obscenities etc.

16. **Violence / Protests.** Indulging in or encouraging violence or any Conduct which involves verbal abuse, mental or physical torture, aggression, corporal punishment, harassment, trauma, indecent and obscene gestures in particular students belonging to a scheduled caste or a scheduled tribe or other backward class. Any violation of the provisions of the Civil Rights Protection Act, 1976 is prohibited.

17. **Destruction/ Damage to Institute Property.** Willful destruction of the Property of the Institute or Departments. Writing obscenities on any wall / notice boards / sign boards of the Institute. Disfigurement / unauthorized removal of notices from Notice boards, disturbing of public signs etc.

18. **Arms/ Weapons** Carrying of, use of or threat to use of any

weapons.

19. **Hostel Rules**. Students staying in the Hostels are required to adhere to Hostel Rules and Regulations as given in the Undertaking which would be signed by them and their parents.

20. **Corruption**. Any attempt at bribing or corruption of any manner or description. Moral Turpitude. Thefts of Mobiles / Cameras/ Laptop / I pad or such like costly items, Two wheelers or four wheelers.

21. **Conduct in College Bus**. Misbehavior in the Institute bus even outside the Campus. Travelling in institute bus without valid pass Ragging in bus.

22. **Entry into the Hostel**. Day scholars are NOT permitted to enter hostels without prior permission of Warden/ Director Hostel.

23. **Assault/Affray/Arguments** Getting involved in arguments/assaulting/ misbehaving / using abusive language with Security staff/ Police/ Visitors to campus.

