

B.S.ABDUR RAHMAN  
UNIVERSITY

B.S.ABDUR RAHMAN INSTITUTE OF SCIENCE & TECHNOLOGY  
(Estd.u/s 3 of the UGC Act, 1956)



## WOMEN EMPOWERMENT CELL



## Quotes

**Jawaharlal Nehru said,** “You can tell the condition of the nation by looking at the status of Women”.

**Swami Vivekananda said,** “That country and that nation which doesn’t respect women will never become great now and nor will ever in future” and in pursuit of making India a great Nation, let us work towards giving women their much deserved status.

**Thanthai Periyar said,** “Women should be given their legitimate position in society as the equals of men and that they should be given good education and also the right to property. Women should realize their rights and be worthy [citizens](#) of their country”.

### Women Empowerment - A reality or Myth?

The Government of India had ushered in the new millennium by declaring the year 2001 as 'Women's Empowerment Year' to focus on a vision 'where women are equal partners like men'. The most common explanation of 'women's empowerment' is the ability to exercise full control over one's actions. The last decades have witnessed some basic changes in the status and role of women in our society. There has been shift in policy approaches from the concept of 'welfare' in the seventies to 'development' in the eighties and now to 'empowerment' in the nineties. This process has been further accelerated with some sections of women becoming increasingly self-conscious of their discrimination in several areas of family and public life. They are also in a position to mobilize themselves on issues that can affect their overall position.

There is no doubt about the fact that development of women has always been the central focus of planning since Independence. Empowerment is a major step in this direction but it has to be seen in a relational context. A clear vision is needed to remove the obstacles to the path of women's emancipation both from the perspective of government as well as women themselves. Efforts should be directed towards all round development of each and every section of Indian women by giving them their due share. In consideration of the welfare of women, B.S.Abdur Rahman University established the **WOMEN EMPOWERMENT CELL** in September 2010 to empower women and to create awareness of Women’s Right. About 60% of the faculty members are women in our University.

The following are the objectives of the Women Empowerment Cell.

### **Objectives:**

- To identify women with strong leadership qualities and to build their capacity.
- To promote a culture of respect and equality for female gender.
- To provide opportunities and programs for female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.
- To make them aware about the guidelines of Supreme Court and to ensure that sexual harassment is treated as an unacceptable social behavior within the institution and the society.
- To involve NSS students of B.S. Abdur Rahman University to interact with rural and urban women who lack formal education and identify projects suitable for up gradation using technology.
- To conduct seminars and workshops to spread information on the numerous opportunities and tools available and train women accordingly.
- To help the self help group women to get financial support by identifying the sources.

### **Members:**

**Dr.I.B.Shameem Banu**, Professor and Dean (SPCS)– Chairperson

**Dr.Angelina Geetha**, Professor and Head/CSE - Coordinator

**Dr.R. Auvai**, Deputy Director of Physical Education - Coordinator

**Mrs. K.Yogeswari**, Assistant Professor(SG)/CSA - Coordinator

**Mrs.A.Sarah Banu**, SAO/ EEE - Coordinator

Besides, one lady faculty member from every department is nominated as the department representative of the Women Empowerment Cell.



**The following is the list of WEC members representing their department.  
(Please see the photo above)**

<b>S. No.</b>	<b>Name of the Staff</b>	<b>Designation &amp; Department</b>	<b>Department</b>
1	Ms. U. Sabura Banu	Professor	EIE
2	Dr. Haider Yasmeen	Professor	CBS
3	Dr. N. Hajara Beevi	Professor	Chemistry
4	Ms. S. Shahar Banu	Assistant Professor (Sel. Grade)	CA
5	Ms. Mahboob E Afsan	Assistant Professor	Mechanical
6	Ms. V. Selvi	Assistant Professor	EEE
7	Ms. E. Evangilin Arputham	Assistant Professor	IT
8	Ms. A. Ayshathul Fouzia	Assistant Professor	ECE
9	Ms. Shahitha Parveen J	Assistant Professor	Polymer Engg.
10	Dr. S. Begam Elavarasi	Assistant Professor	Physics
11	Dr. Sindu J. Kumar	Assistant Professor	Maths
12	Ms. H. Sofia	Assistant Professor (Sr. Grade)	English
13	Ms. T. N. Brindha	Assistant Professor	Civil
14	Ms. T. Sandhya	Assistant Professor	Aerospace Engg.
15	Ms. Sabeena	Superintendent, University Office	Office
16	Ms. Geetha	Admission Office	Office
17	Dr.Shazia Jamal	Assistant Professor	School of life sciences

**To achieve the objectives, the programs listed below were organized.**

<b>S. No.</b>	<b>Name of the Programme</b>	<b>Date</b>	<b>Name of the Speakers</b>	<b>Details of Participants</b>
1	Self Supporting Development Programme	09.10.2010	The Programme was jointly organized by WEC and NSS of BSAU with 4M Trust Chennai	The ladies from nearby villages and non-teaching staff members of this university participated.
2.	YOGA Training Programme	11.11.2010	Dr. R. Auvai, Deputy Physical Director of BSAU demonstrated YOGA	The non-teaching staff members of the University and hostel staff members participated.
3.	Awareness Programme on "IOB Products for the benefit of Women"	30.04.2011	Mrs. Geetha Assistant Manager Indian Overseas Bank Vandalur Branch	All the staff members (both Teaching and Non-Teaching) of BSAU attended the program.
4.	Awareness on "Health Issues of Women"	30.04.2011	Dr. Suma Oncologist	All the staff members (both Teaching and Non-Teaching) of BSAU attended the programme
5.	Seminar on "Real Women in You"	04.11.2011	Mr. Raja Anand, Resident Director – South, iPRODIGY Learning Service Pvt. Ltd.,	All the staff members (both Teaching and Non-Teaching) of BSAU attended the programme
6.	Workshop on "Violence Against Women"	16.02.2013	Dr. Rita John Professor Department of Physics Madras University  Mrs. Doulatbhi Fakhruddin President Upahaar Social Service Organization All India Women's Conference, New Delhi	This is an unique program for women in which participants from other institutions attended along with our lady staff, girls students. Also, interested Gentlemen of our University attended the entire program.
7.	Workshop on Psychological Motivation	15.02.2014	Dr.Abilasha, Renowned Psychologist	Girl students and staff (Teaching and non-teaching) attended.



## ***Self -Supporting Development Program***

### ***Objectives:***

- To improve the financial position of economically backward women

The Self-supporting development program was organized on 9<sup>th</sup> October 2010. This program was jointly organized by NSS of B.S. Abdur Rahman University and Self Help Group, 4M Trust, Chennai. More than 50 participants like staff from Women's Hostel, housewives from staff quarters and nearby villages participated in this program. The staff from self help group of 4M trust, Chennai demonstrated the process of making masala powder(s), detergent powder(s), glass paintings etc.

The feedback was excellent. This program motivated the ladies residing in the staff quarters to initiate the small scale business inside the staff quarters.



***Inauguration of Self Supporting Development Programme***



***Demonstration of the process of making Masala Powder***



***Demonstration of the process of making Detergent Powder***



***Participants for the Self supporting Development Programme***



***Glass Paintings***



## **YOGA Training**

### **Objective:**

- To train women to enhance their physical and spiritual well being through YOGA.



YOGA demonstration

The sound health and sound mind are essential for women to balance between the work pressure at home and workplace. So, the Women Empowerment Cell organized YOGA training for the staff members of this University. More than 60 participants took part in this event and performed YOGA. Dr. R. Auvai, Deputy Physical Director of our University demonstrated YOGA.



The above picture depicts the YOGA being performed by the T.B.A.K women's hostel staff in the hostel premises to build their physical and mental strength. The demonstration was given by the hostel girl students who have undergone YOGA training.

## ***Awareness on IOB Schemes for Women & Health Issues of Women***

### ***Objective:***

- To create awareness about the health issues of women
- To educate the opportunities offered by banks for women.

The WEC organized special lectures on “Awareness on Indian Overseas Bank (IOB) Scheme for Women” and “Health issues of women” on 30<sup>th</sup> April 2011.



Mrs. Geetha, Assistant Manager, Indian Overseas Bank, Vandalur Branch delivered the lecture on various types of saving schemes that women can avail in IOB.



Dr. Sumana Premkumar, Oncologist from Dr.Kamatchi Memorial Hospital, Pallikarani, made a video presentation on various types of Cancer which affect women's health and insisted women to take precautions to maintain good health.



## ***Violence against Women***

### ***Objective:***

- To create awareness on the violence against women which leads to crime.



Gender inequality and violence against women affect the lives of every person, regardless of age or gender. Violence against women inside family has its repercussions on the society at large. But Government alone cannot control the crime committed against women. It demands co-operation

and co-ordination with the general public and civil society organizations. To check violence against women, women should be mentally and economically strong. So, the workshop “Violence against women” was organized on 16.02.13 to train the participants to overcome violence and protect themselves against violence. Many gentlemen of our University also attended the program. This program was published in the newspaper.



**Group discussion and interaction**



***Senior Professors attended the workshop***



***Poster Presentation***



***Resource Person Mrs. Doulat Fakhruddin addressing the session***



***Interaction session with audience by Mrs. Sheriffa, Correspondent, Crescent Girls Schools (Special invitee)***



***Interaction session with Male Faculty member(s)***



***Group Discussion***



## News Paper Clipping of the program

### “ Violence against women”

NB  
19/2/2013  
செவ்வாய்க்கிழ

**சென்னை**

## ‘பெண்கள் முன்னேற்றம் எழுத்தளவில்தான் உள்ளது’

தூம்பரம், பிப். 17: பெண்கள் முன்  
னேற்றம் தொடர்பான ஆய்வு  
களும், பரிந்துரைகளும் எழுத்  
தளவில் சுமப்பூட்டர்களுக்குள்  
அடங்கி கிடக்கின்றன என  
சென்னை பல்கலைக்கழக உத  
விப் பேராசிரியர் ரீட்டாஜான்  
கூறினார்.

சென்னையை அடுத்த வண்ட  
லூர் பி.எஸ்.அப்துர் ரகுமான்  
பல்கலைக்கழகத்தில் சனிக்கி  
ழமை நடைபெற்ற பெண்களுக்கு  
எதிரான வன்முறை குறித்த சுருத்  
தரத்தில் அவர் பேசியதாவது:

ஆண்களுக்கு சரிதிராக  
அனைத்துத் துறைகளிலும்  
முன்னேற்றம் பெண்களுக்கு  
அனைத்து வகையிலும் வலிமை  
யோடு திகழ வேண்டிய அவசி  
யம் உள்ளது.

பெண்கள் முன்னேற்றம்  
தொடர்பாக புள்ளி விவரங்களு  
டன் மேற்கொள்ளப்பட்ட பல்  
வேறு ஆய்வுகளும் பரிந்துரை  
களும் சுமப்பூட்டர்களுக்கான  
அடக்கி வைக்கப்பட்டுள்ளனவே  
தவிர, அவற்றை செயல்படுத்த  
முடியாத அளவில் பல்வேறு  
நிலைகளில் தடைபட்டுள்ளன.  
உயர்கல்வித் துறையைப்



வண்டலூர் பி.எஸ்.அப்துர் ரகுமான் பல்கலைக்கழகத்தில் நடைபெற்ற பெண்களுக்கு எதிரான  
வன்கொடுமைகள் குறித்த சுருத்தரத்தில் பங்கேற்ற சென்னை பல்கலைக்கழக உதவி பேராசிரியர்  
ரீட்டாஜான் (இடமிருந்து 2-வது) சுருத்தரங்க ஒருங்கிணைப்பாளர் ஆர்.ஒளவை, ஏஞ்சலினை கீதா,  
உயர்கள் சமூக சேவை மையம் தலைவர் தெளவதீவி பக்ருதீன் உள்ளிட்டோர்.

பொறுத்த அளவில், சுல்லாரிகள்,  
பல்கலைக்கழகங்களில் 9.5 சத  
வீத அளவில் மட்டுமே பெண்  
கள் உயர் பதவிகளில் வகிக்கின்ற  
னர். இந்த நிலை மாற வேண்டும்.  
பெண்களுக்கு சமவாய்ப்பு அளிக்

கப்பட வேண்டும் என்றார்.  
அகில இந்திய உய்கார சேவை  
மையம் தலைவர் தெளவதீவி  
பக்ருதீன், சுருத்தரங்க ஒருங்  
கிணைப்பாளர் ஜி.பி. ஷமீம்  
பாஜு, பி.எஸ்.அப்துர் ரகுமான்

பல்கலைக்கழகப் பதிவாளர்  
வி.எம்.பெரியசாமி, மாணவர்  
சேர்க்கை இயக்குநர் வி.என்.ஏ.ஜ  
வால், உள் டி.ஆர்.ரங்கசாமி உள்  
ளிட்டோர் விழாவில் பங்கேற்ற  
னர்.

## ***Workshop on Motivation***

### ***Objective:***

- To enable women to achieve their dreams of excelling in academic and career as well as in personal life through psychological motivation and to handle difficult situations in life.



Inauguration of the workshop

The “Psychological Motivation Workshop” was organized for women staff and girl students on 15<sup>th</sup> February 2014 and 15<sup>th</sup> March 2014. Renowned psychologist Dr. Abilasha, the resource person, conducted very interesting and interactive sessions.



Dr. Abilasha with Special Invitee Mrs. Tareen and WEC members



The resource person Dr. Abilasha addressed the audience



Group discussion and interaction session

### ***Future plan:***

- To organize a workshop on “CAPACITY BUILDING WOMEN IN RESEARCH”
- To organize a workshop on “CAPACITY BUILDING WOMEN IN HIGHER EDUCATION”